

INSIDE THE U.S. DOPING SCANDAL | CROSS-BORDER BLOODS

MACLEAN'S

WEEKLY NEWSMAGAZINE | www.macleans.ca

JANUARY 12, 2004

HOW TO MAKE OUR CITIES WORK

Toronto Mayor David Miller

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HOW TO FIX OUR CITIES

Doing so takes new ideas and money.
Our mayors are ready: is Paul Martin?

HIGH ON MY CRITERIA In determining the livability—and likeability—of cities is how pleasant they are to walk in. It always plays well. Moscow and Beijing are among the world's most important cities, but neither are places where you'd seek the sheer joy of a sidewalk stroll: too much of their paths have been bulldozed for there to be anything. On the other hand, you could happily spend hours walking around Russia's and China's second cities,

St. Petersburg and Shanghai, where they've done a far better job of preservation.

Having a great park close to downtown helps, think of Montreal's Mount Royal, Vancouver's Stanley Park, Quebec City's Plains of Abraham. The absence of one in Toronto may be why I didn't want to live in the city off I moved here. There's little respite anywhere about downtown Toronto, or in botched waterfront. Rather, it's the disparate communities and neighbourhoods that win you over. Some criss-cross affection from the force of their personality, like Calgary, with its palpable energy and purpose, or St. John's, with its staggering sense of self.

The measure of a city—the focus of our power package—comes in subjective and objective terms. To be livable, a city requires a proper infrastructure, efficient garbage collection, enough police to maintain order, a secure network of green space around the center, and so on. Our cities lack money to achieve those goals—which is why Paul Martin has said he will give municipalities \$4.5-billion annual revenue streams in the form of a share of federal gas and diesel fuel taxes (though he hasn't said when, and hasn't discussed the proposal since becoming PM). For a city to be livable requires more—such as Martin acknowledges. The PM, John Geddes writes, has "brought us the trendy concept of a 'technosmart' city, the notion that a key component in any urban economy is its concentration of high creative talent."

City politics now attracts arguably the most dynamic political thinkers in Canada. To reflect that, our cover this week represents a first for Maclean's: we're actually publishing five different regional covers, each featuring innovative mayors (Khalid's Peter Kelly, Montreal's Gerald Tremblay, Toronto's David Miller, Winnipeg's Glen Murray,

“City politics attracts the most dynamic political thinkers. It's where change is most quickly accomplished.”

and Larry Campbell of Vancouver).

The municipal level is where change is most quickly, easily and diversely accomplished. Cities make a level of passion in their residents that sometimes transcends their differences in politics and even culture. Consider Montreal, where soccerpistas

and footballs join together in municipal parties (and many identify themselves primarily as "Montrealers").

Twenty million Canadians live in cities with populations of at least 100,000 people. But just one city, a poster in the Toronto city hall, says it's a struggle. It's the city of Toronto, which has 40% of the city's population, but only 40% of the city's land area.

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Anthony Wilson-Smith

antonysmith@toronto.ca or comment on THE EDITOR'S LETTER

MACLEAN'S

Canada's national news magazine

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'More Canadians need to acknowledge the AIDS disaster in Africa. It's sad our energy is used fighting against same-sex marriage rather than saving lives.' —Tom Selby, Montreal, Ont.

Local hero on the world stage

Magnanimous, erudite, articulate, compassionate—what better choice for "Canadian of the year" than Stephen Lewis (Cover, Dec. 29/Jan. 5)? His purpose is to make the world a more rational and humane place for the underserved. Living in an era when we have the intellectual, technical and financial means to make a difference, but lack the political will to do so, it is essential that we have people with valor and courage to shine the light and lead the charge. America has Bill Gates and Oprah, Ireland has Bono. Our local hero does not have the same recognition and has a lot fewer dollars to spend around, but with his fervor and passion Stephen Lewis is again putting Canada on the map as a leader in humanitarian and social justice issues. "Yes, go, Stephen—millions of us are behind you!"

Dr. Hubert G. Jackson, Calgary



"When he weeps, we should all weep"

As a person living with HIV/AIDS, I wish to convey my appreciation for your choice of Stephen Lewis as Canadian of the Year. Lewis is making a huge difference in the fight against HIV/AIDS here in Africa. His fearlessness and his approach to this disease set him apart from the usual rhetoric that we often get from people in humanitarian institutions like the United Nations. Lewis has put the surgery back into this disease that is unconsciously killing thousands of people in the developing world. Whenever he visits Zambia, he talks to the people most affected—he first speaks to orphans and people living with HIV/AIDS before he meets the president of the country. That way he gets the first-hand, raw Lewis discourse. His AIDS foundation is already helping to reduce the impact of the disease to several communities in Zambia. Lewis is not just an angry voice; he is a man of action. He walks his talk. Big up for honoring this man.

Wendene Zulu, Manager, Non-Governmental
Organizations

Stephen Lewis continues to build our feet to the fire about Africa. He constantly reminds us of the catastrophic situation where the

number of children with HIV under 15 has tripled in the past three years and tuberculosis continues to kill millions. Although it is never easy to be the bearer of bad news, Lewis is determined to lead our collective Canadian conscience to be aware of the plight of Africans and how vital it is to create our aid to them. Congratulations to Stephen Lewis and congratulations to Maclean's for recognizing the importance of his success.

Pat Christie, Calgary

It's unanimous! First Canadian of the Year choice pleased everyone

With its focus of this a recognition, the results are not surprising. Stephen Lewis and his spirit truly reflect the values of Canadians in Africa. Although he is doing his work with AIDS, his focus is on the people. Canadians appreciate his dedication to "AIDS" with John Deere of Africa, Ont., "to move this a great Canadian—he leads the leaders of the world."

Stephen Lewis stands head and shoulders above any politician, athlete or pop singer as a great Canadian. When he weeps for the AIDS-afflicted people of Africa, we should all weep. Canadians the world over should be very proud of this amazing humanitarian.

Patricia Horvath, Richmond, B.C.

That Maclean's should pick Stephen Lewis as Canadian of the year, and that Time magazine should choose the American soldier, is indicative of the differences in aspirations and goals of our two nations.

Derek W. Gilman, Burnaby, B.C.

I was delighted that Stephen Lewis was named by Maclean's as Canadian of the year. Imagine my disappointment when I realized that while this cover story only gets two pages, Canadian Idol Ryan Moloney raised five pages in the same issue.

Patricia Tremblay, St. Mary's, Ontario

Contributing to access

Having raised money for three political parties over the years, I think that Jean Chrétien pulled the wool over taxpayers' eyes with the new restrictive fundraising law ("The taxpayer will pay," Mary Joannides, the issues, Dec. 29/Jan. 5). I never once encountered a corporate donor who expected the slightest favour from or access to government in exchange for supporting the competitive political system. Needless to say, the same was true when I was in the government side of the fence as deputy minister of finance and chief of staff to the prime minister. Adopting a law effectively banning corporate campaign contributions is like Bill Clinton getting Congress to pass an order to deal with the Lewinsky scandal. Bill could have prevented his problems by keeping his trousers on, just as Chrétien could have dealt with his government's sleaze by firing the guilty ministers and prosecuting those who sought to purchase contracts with donations. Moreover, the new law unconsciously favours incumbency. The full impact of its unconstitutional provisions has been nullified by the continued popularity of the liberal government, but imagine the outcry if Brian Mulroney's PCs had continued to receive corporate funding based on his hegemony of 1988—after we were at nine per cent in the polls. This law is a cynical manipulation

On time for the next shift in toy land. Toys "R" Us might just have the largest toy inventory challenge in the world. A challenge they meet every day together with their technology partner HP. To do this, HP software and high-performance servers see to it that every toy in every store is constantly tracked and managed. So if one hundred Geoffrey Giraffes leave the store, one hundred new Geoffrey Giraffes arrive back on the job, instantly. www.hp.ca/pls/ajr/ajrns

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Readers question Martin's values when he tries to explain his views on same-sex marriage

where the bad guys conspire to be on the side of the angels, and then walk away with the money.

Stanley H. Mann, Toronto

A fine balance

Isn't it strange how politicians conveniently run for cover whenever the word "gay" is included in a question? You asked Paul Martin: "You're a practicing member of the Roman Catholic Church. How much will your personal beliefs impact whatever outcome we'll see on the gay marriage issue?" His answer: "I have a value system that is currently influenced by my religion, but I will approach this as a legislator. I certainly believe in the separation of church and state" ("M+ Centre Left," Q&A, Dec. 23/Jan. 5). Since there is no established church in Canada, the "separation of church and state" is a given. But that does not mean there is a separation of God and state, or religious conviction and state. If the Prime Minister has "a value system that is currently influenced by [his] religion," why should he be afraid to apply that value system to his decisions? Is not his faith part of his value system and therefore part of what he is as a person and as a legislator?

Bert Winkler, Abbotsford, B.C.

On the one hand, Paul Martin says that he has a value system, but on the other he implies that

he will ignore it as a legislator. What does he plan to replace it with? As an elector, it appears that I should pay no attention to a candidate's ethical values when deciding for whom to vote. After all, the Prime Minister expects him or her to ignore them once elected.

Ulfed Kierstein, Greenwood Park, Que.

Helping doctors in pain

I was impressed with your recent report on the state of family medicine in Canada, and found your headline, "The doctor is in... pain," (Cover, Dec. 8) particularly apt. Canada's doctors are, indeed, in pain. Your conclusions about family practice morale and stress are accurate, but I hope your readers don't believe that these problems are limited to family physicians. As a family practitioner practicing in rural Manitoba, I am only too aware that my special colleagues in fields such as obstetrics and surgery are

“Doctors are, indeed, in pain. Your conclusions about family practice morale and stress are accurate.”

experiencing the same stress. In fact, concern at the Canadian Medical Association is so great that we have launched a Centre for Physician Health and Well Being. We wanted to provide leadership in an area that has been neglected for too long, and we also wanted to acknowledge that some physicians are so tied up in caring for their patients they don't care for themselves.

Dr. David V. Patel, President, Canadian Medical Association, Ottawa

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INFLUENCING GREATNESS

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MACLEAN'S BEHIND THE SCENES



2004: THE YEAR OF THE CITY?

Maclean's Ottawa Bureau Chief John Geddes wrote this week's cover story on Canada's cities. Geddes (above in Ottawa during warmer months) grew up in Couchichew, a tiny gold mining town in northern Ontario, and says he still feels a strong sentimental tug from rural and small-town Canada. But despite those roots, he has a long-standing enthusiasm for big cities. "Two decades ago, I lived in downtown Toronto as a university student," Geddes says, "and I've never lost the feeling I had then that a big city equals excitement and possibility."

Along with being a fan of Toronto, Geddes has a special affection for Winnipeg. "It was the city I visited most often as a kid, and I still have family there," he says. In fact, Geddes spent Christmas in the Manitoba capital, and skated outdoors at The Forks, the historic junction of the Red and Assiniboine rivers, on Boxing Day. "The Forks in winter is one of those places where a visitor gets a sense of the particular identity of a city, like Halifax harbour, or Calgary's Bow River trails, or Montreal's Abbot Market or Vancouver's Kitsilano Beach."

As it happens, much of the buzz surrounding municipal government these days is coming from Toronto and Winnipeg. In Toronto, David Miller, the new mayor, is generating excitement for change. In Winnipeg, Mayor Glen Murray has established himself as a leading voice in the call for a "new deal" for big urban centres. But Geddes, who has covered federal politics since 1986, brings the city-eyes eye of a Parliament Hill veteran to the hype surrounding Prime Minister Paul Martin's promise of forging a different relationship with municipalities.

Many of Canada's big city mayors see 2004 as a make-or-break year for their agenda. It's in this context that readers will want to have a good look at Maclean's assessment of the quality of life in our major metropolitan centres.

Visit www.macleans.ca and click on "Web Watch" for a hot new column on trends in the on-line universe. This week's topic: top Internet searches in 2003. For further information about this article, contact: behindthescenes@macleans.ca.

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Mary Janigan | ON THE ISSUES



CAN IT BE SOLVED?

Paul Martin is determined to get better value for the \$7 billion in Aboriginal spending

FOR CENTURIES, Aboriginal poor have always been with the rest of us. Classified as reserves or banded in the residential sections of cities, their very presence is a vivid rebuke to the social policies of the past. Sure, many more Aboriginals are now prosperous and educated, but the ones left in their shacks have become a major source of our shame, behind the scenes debate in Paul Martin's Ottawa. The situation is pressing, if only because the new PM has vowed to tackle this seemingly intractable issue.

But the Irish cannot even agree on the nature of the problem, let alone the solution. On the one side are businessmen who argue that Canada is finally getting results from the more than \$7 billion poured each year into everything from Aboriginal health to reserve welfare. Others counter that this approach has concentrated most resources on reserves—when only 30 per cent of the nearly one million people who define their lives as Aboriginal actually live on reserves. Half live in cities. (The other 20 per cent dwell in rural areas.) In effect, Aboriginal society has changed, but policies have not. “It is the most important social issue in the country,” insists John Richards, public policy coordinator at Simon Fraser University. “This complexity because of the historic sense of injustice—and because

we have to find a way to better integrate Aboriginal people in an industrial economy.”

Yasunari Matsuda, a professor at the University of British Columbia, adds that the issue is not just about income and non-payment of tax and non-participation in the labour force. “It is about the way that we, as a society, have treated Aboriginal people,” he says.

It is a tough, even scary, call for many Aboriginal leaders who have understandably focused on

on-reserve benefits and treaty rights. But it is getting a hearing in Ottawa. Last month, Martin created a cabinet committee on Aboriginal affairs that he will chair. And, perhaps even more importantly, he has set up an Aboriginal secretariat in the pivotal Privy Council Office. Now comes the hard work.

To push for change, Richards has assembled both social statistics. And his studies are getting broad a reputation among the bureaucrats. In a recent *Policy Options* article, he points out that one in four schoolchildren in Manitoba and Saskatchewan are now Aboriginal, such numbers mean that it is likely to concentrate on only the relatively small reserve populations. But the transition to a modern economy is tough: 40 per cent of on-reserve residents are on welfare; median on-reserve income is less than half of that among non-Aboriginals. Richards has also co-authored an upcoming study on Aboriginal schooling for the C.D. Howe Institute, linking low education with low income. In B.C., only 42.5 per cent of Aboriginal students who entered Grade 8 in 1996 graduated within six years, compared to 79.2 per cent of non-Aboriginals.

The loss to all of us is staggering. Money alone is not the remedy; it also requires better answers to chronic woes. Richards suggests, for instance, that Ottawa offer funds to the provinces for pilot projects to foster high school completion and employment. But some of that cash has to come from current spending. While many Aboriginal leaders have gone on reserve welfare and health benefits such as dental care is treaty rights, many businesses feel their socioeconomic benefits. It is easy to predict the warning debate ahead. “It will be the socialists of the West where there are major Aboriginal populations,” the director of leadership will be a willing guide to address programs to different areas.

Mary Janigan is a political and policy writer. Her e-mail is maryjanigan@maclean.ca.

BizTime



In the Office

Word to their boss: Don't let a stock market crash ruin your day. It's a good idea to have a backup plan. In the case of the big players, it's a backup plan.

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INDICATORS

It's been a year of both wild and steady growth in the Canadian economy. Examples:

	Jan. 1, 2000	Current rate	% Change
Loonie	70.14	70.14	+0%
Gold	\$420.25	\$420.25	+0%
Oil	\$24.54	\$24.54	+0%
S&P 500	1,000	1,000	+0%
Full-time employment	13.1 million	13.1 million	+0%

Source: Statistics Canada. Note: All figures are in Canadian dollars. The gold price is in U.S. dollars. The oil price is in U.S. dollars. The S&P 500 index is in U.S. dollars. The full-time employment figure is in thousands.

WORLD

TERROR ALERT Even with the holidays past, the U.S. remained on high level terror alert for most of last week, following the discovery of some flights and long delays at border crossings. U.S. and French police were searching for a man who did not board a U.S.-bound Air France flight in Christmas Eve, and scientists quietly monitored New York, Washington, Las Vegas and Los Angeles, seeking signs of a radioactive dirty bomb.

Adding to the tension: an outburst of Osama bin Laden, who referred to the capture of Saddam Hussein, urging Muslim militants to keep up their attack.

BLACK BOX Sabotage and hiding each other for support, the mostly French relatives of 148 people killed in the crash of a holiday jet wanted for answers by a Red Sea resort. French and Egyptian investigators said it was almost certainly mechanical or human failure that caused the Boeing 737 to plunge into the ocean after takeoff. But the recording system black boxes have not been recovered, and a previously unknown Islamic group claimed it shot the plane down.

PEACE PLAN A surprise announcement, described as a gift to the world, once warning

neighbours India and Pakistan opened their economic doors to each other unalloyed to substantive peace talks on the key outstanding issue of Kashmir, the disputed, largely Muslim territory that had caught the nuclear armed faces to the brink of war. The announcement did not stop Kashmir militants from vowing to continue their Moody insurgency against Indian control.

MALIBU FISH Indian scientists reported rainwater in the decline in their country and have been almost eradicated in certain areas, largely through an innovative program of installing toilets and ponds with guppies that love to eat an mosquito larvae. There are still about 1.8 million malaria cases in India each year.

FOLLOW-UP A 25-year-old Yugoslavian-born Swede, Mirko Mijatovic, whose DNA was found on the murder weapons, confessed to stabbing popular Swedish foreign minister Ann Linde to death in a Stockholm department store in September. His lawyer said the attack was random.

Mikhail Sakachinski, the populist who

speeches the most democratic nations that supplied Eduard Shevardnadze in November, was elected president of the former Soviet republic of Georgia. At 56, he is Europe's youngest head of state.

A 50-year-old man was rescued after 13 days after being buried in the devastating earthquake in the Iranian city of Bam. Amman, meanwhile, was celebrating mourning the capital from Tehran (pop. 12 million) be cause a flood of an earthquake there.

DWNA A long-awaited British inquiry into the death of Diana, Princess of Wales, in August 1997 was put on hold for a year while the head of Scotland Yard investigates the many conspiracy theories. A sensational element, just unveiled, was a letter Diana wrote 18 months before her death, alleging Prince Charles was planning a car accident for her so he could marry his mistress.

SUDAN Under intense world pressure, the Sudanese government said the army sold group from the mostly Christian south signed a ceasefire during agreement, a huge step forward in bringing an end to almost 20-year civil war.

TORGE SALMON An international study said farm-raised Atlantic salmon, a superfood



SLAUGHTER

China said that it will allow a right to slaughterhouse inspection, and that it will allow a right to slaughterhouse inspection, and that it will allow a right to slaughterhouse inspection.

ket staple, is so riddled with pollutants it should be eaten only occasionally. Fishes passed from Toronto supermarkets can be contaminated once every two months, while Van couver varieties were safe to eat once a month, the study said.

MOSE DILUTION Global warming will drive about a million species—between 15 and 37 per cent of the world's animals and plants—so extinct by 2500, according to a hypothesis in the science journal *Nature*. This would be the biggest mass extinction since the dinosaurs.

CANADA

POURCE Five Toronto cops and a retired constable, all members of a disbanded and disbanded drug squad, were charged with 48 counts of corruption, including extortion, theft and obscenity of justice, as part of a two-year investigation by the RCMP. Some of the charges relate to incidents dating back to 1993, and have resulted in the waiving of at least 115 criminal charges laid by the coroner and the investigation of the force. The five serving officers were suspended with pay. One has also been charged with sexual assault, wearing a threat and possession of cocaine and heroin for trafficking.

Two Vancouver police were not named to have arrest for one and two months, and six months probation, for their part in packing off these captured drug dealers to a remote

HEART-BREAKER

For the first time in a new Canada had its suffer for silver at the world junior championships—this time to a hard-fought U.S. team—after losing out in the final period of play. Particularly crushed was goalie Marc-André Flury. Last year's tournament MVP, who'd struggled to clear the puck with 5:33 remaining only to see it become off his own defence, lost into the net.



section of Stanley Park and knocking them about with fists and nightsticks. Two others received suspended sentences while two had their charges dismissed.

SOFT DRINKS In a strategic retreat, Coke and Pepsi agreed to pull peg drinks from elementary and middle schools, replacing them with their respective fruit juices and sports drinks, which have much less sugar.

BACKSLIP In a quiet agreement with American authorities, Canada has agreed to

allow a particularly flat piece of granite between Niagara and Estevan, Sask., to be a backup landing pad for the Soyuz space capsule should it happen to veer off course on some future mission.

POLITICS In a bid for women's support, Prime Minister Paul Martin targeted Canada's extensive gun registry for a rethink—but then said this did not mean he was about to abandon gun control.

Newfoundland labour leaders vowed an all-out battle as the new Conservative government, faced with growing deficit, froze public sector wages. The first salvo was to attack the new Premier Danny Williams for announcing the freeze and then jetting off to Barbados for a vacation.

FAMILY LEAVE Workers who contribute to employment insurance are now entitled to six weeks compassionate leave, with EI benefits, on care for dying loved ones. So far, Alberta, B.C., Ontario and Newfoundland have not harmonized their labour standards with the federal law.

NO APOLOGY The Saskatchewan government refused to apologize to Richard Klassen and 11 family members (allegedly accused of sedition) along with three foster children in 1991. A judge said the 12 were victims of a realistic prosecution, but Saskatchewan's justice minister wants to appeal this finding.

BY GRAMIE MACKAY

SOMEWHERE IN FLORIDA



"The secret of success is to do the common things uncommonly well."

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Mansbridge on the Record



WANTED: A SCAPEGOAT

As if losing wasn't tough enough, we always need to find someone to blame

WHY ARE some of us always looking for a scapegoat? More Anne Poiry, the most recent goalie to wear the Canada jersey, is the latest scapegoat of that cluster to focus blame. The way some have reacted to the goal that won the world junior hockey final for the United States, you'd think the poor guy had deliberately fired the puck at his teammates so it would bounce back into the net.

Just look at the national papers: both featured front-page shots of Poiry, with head lines pointing blame directly at him. The *Globe* and *Mail*, "Heartbreak in Helsinki: Goaltender's gaffe costs Canada gold." The *National Post* devoted half its front page to a portrait of Poiry, sprinkled face down in the net, under the headline, "Star goalie's gaffe hands gold medal to Americans."

Yep, he did it by himself. Never mind that the rest of the team played the third period like they'd already won, missing checks and empty nets. No, the amateur goather agreed, Canada's loss was thanks to Poiry. It reminded me of a story a friend once told about the ponds of Winnipeg: a son who wanted to be a goalie "he can be a real water-worrier brawler," he said. "When the team wins, no one gives you much credit; when it loses, you often get all the blame."

But the question remains: why the search

“

The team missed checks and empty nets. Just the armchair quibblers agreed that Canada's loss was thanks to Poiry.

Mitchell's predecessor, Joe Clark, who, despite a universally applauded last election campaign, reduced his party's 15 seats in the House of Commons to 12, did not seem to hang on to official status. And Brian Mulroney, who picked up his cables and left town with the PCs making from a post-Meech, post-Charlottetown, GST odour. A few months later, he watched as the party was wiped out, apparently forever, as a national force. And Jean Charest bailed out of the house of Macdonald to save Canada by becoming a Liberal. (Jean Simon can only hope things won't end as self-defeating as they have for Charest.)

And speaking of scapegoats, let's not forget Murray Brewster. He's the Alberta farmer who is said to have "let off" Canada's most cow-crazy last May when one of his herd was discovered to have homine sapiens-like morphologies (and you wonder why breeders say "crazy cow" means) Marty in the crippled, circle-industry blame him for their woes because, they say, he sent his kids down the abattoir rather than put 'em off, bery it and keep the whole thing quiet. The truth is, he was having to slaughter for his family's dining table when the veterinarians took charge. Brewster is still despised by some, although he didn't start mad cow—bad food is almost certainly to blame. The good news is that he's bounced back with market compensation from Ottawa for his seized herd, and a new herd bought at cheaper prices.

So Mr. Poiry, don't let a like goal and the wish to judge you it has caused define your career. Take it from me, the press could have been a lot worse; for example, if the *National Post* really didn't like you, they would have found a way to connect you and your goal-mouth sessions to the CBC. They didn't, so they must have a soft spot for you after all. Good luck finding it. ■

Peter Mansbridge is Chief Correspondent of CBC Television News and Anchor of *The National*. To comment: PeterMansbridge@cbc.ca

Passages

DIED Doug Crochase, a pioneer former police beat reporter who became the founding publisher of the *Toronto Star* and a spunkig behind expanding the Star franchise to other cities, died at a Toronto hospital after a long battle with Parkinson's disease. He was 75.

HURED Just days before his 70th birthday, former prime minister Jean Chrétien began a new job with Montreal law firm Skerrett Blake. Chrétien is to work mostly in Ottawa, but when in Montreal he will be using the old office of his former boss, Pierre Trudeau, who worked there until his death in 2000. Chrétien also signed on to be a consultant to the Calgary law firm Bennett Jones, where former Alberta premier Peter Lougheed began his law.

KILLED Rachel Davis, the 23-year-old daughter of tennis star Janet Wrigley and musician Bruce Davis, was shot and killed last night in Vancouver while trying to be a good Samaritan. Davis attempted to shield a stranger who was being kicked by a group of strikers. He allegedly drew a pistol and then was shot. Another person, Richard Cole Lok (Ph), 24, was also killed at the scene.

DIED Frank (Big) McGraw, the fiery, fun-loving, snowball-throwing relief pitcher who helped the N.Y. Mets win Philadelphia Phillies championships in 1969 and 1980, died at 59 of brain cancer at the Nashville-area home of his son, country singer Tim McGraw.

SELECTED Paul Molitor, 47, a clutch hitting outfielder who was the World Series MVP for the Toronto Blue Jays in 1993, will enter pro baseball's Hall of Fame this summer probably as a Milwaukee Brewer, the team he played for longest. Flamingo, rel of pitcher Dennis Eckersley, 43, is the first all star, was the other player named this year.

CAUGHT Greg Banzick, 36, the Cincinnati-born professional who plays for British-based promoter for performance enhancing steroid manufacturers. He is to appear at a trial in Las Vegas this month and is found guilty could be banned for two years.

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HOW TO MAKE OUR CITIES WORK

They need more money and autonomy. There's even the political will to give them some. But, JOHN GEDDES asks, is there a way?

POLITICAL CHOICES always look easier on the campaign trail than back the seat of power. When Paul Martin was our backrooming the country on his way to becoming Liberal leader and prime minister, the plight of Canada's cash-strapped cities seemed to cry out for a bold remedy. So he offered one: give municipalities a permissive slice of gas and diesel fuel taxes—a flat \$4.8 billion a year federal revenue stream. Amid Martin's more fuzzy rhetoric—all that “transformative change” talk—the gas tax pledge stood out for its sharp-edged clarity. The lagging pace of urban investment in everything from rapid

transit-to-sewage treatment was reaching a crisis point, and here was Canada's incumbent national leader joining a big part of the solution squarely on the table. This really did it, maybe transformative was the right word.

Now that Martin is in office, though, the next battle over competing priorities. As he prepares to tell Canadians how he means to govern, in a Speech from the Throne and then a budget, both likely next month, he's also facing demands for new spending on such key areas as defense and health. Yet his vow to slash the gas tax would raise about as much as campaign commitments come, if a little vague on exactly when he'd make good on it. “No matter how long it takes,” he said in a speech last fall to the Union of British Columbia Mayors and Cities, “we are going to provide Canadian municipalities with a portion of the federal gas tax.”

It's more than a matter of money, although that's a large part of it. About as big is how big a role Ottawa will play in what urban experts say is a key to Canada's future econ-

omic revival, the allure of its cities. “We all agree the future prosperity of Canada is closely linked to the strength of its largest cities,” says Montreal Mayor Gérald Tremblay. Martin has even bought into the trendy concept of a “holistic urban,” the notion that a key component in any urban economy is its concentration of high creative talent. He has cited the world-leading creative capacity of Vancouver's Falsehood, Montreal's Plateau and Winnipeg's Exchange District. Clearly, he sees a piece of the downtown action. The problem is, the Constitution gives the provinces (and not municipalities) the federal role in local affairs; it's remote at best.

The man Martin assigned to get around that roadblock in Toronto area MP John Godfrey has parliamentary secretary for the cities agenda, Godfrey's take on the gas tax seems unimpeachably as if he's trying to give himself—and his boss—a little wiggle room. “The gas tax is actually code for predictable, stable, financial funding for metropolitan,” he



Vancouver

LIFE ON THE EDGE

You live on Vancouver's North Shore, you take your chances. On a good day, when the two bridges over Blenheim Street are closed, the skyline of downtown Vancouver is just 30 minutes away. On a bad day, you can encounter bears, but bears have their charms, too. They lumber down the mountains to follow on sunset and sunrise. Coyotes follow suit, clearing yards of sleep-gnawing cats and yappy-dogger dogs. Life is cheap in the West Knapton, even enough for the residents of West Vancouver to buy garage houses for just a trip to Starbucks.

That's the thing about Greater Vancouver: it lives on the edge. The edge of cities, some might say, the edge of Canada, of course, but also the edge of the frontier. Walk up the North Shore's mountain roads, and it's a matter of minutes before the suburbs give way to genuine wilderness. There are many ways to get lost. Hikers fall into creeks and are swept out to sea. Others slip into ravines, or slide off of beaches and get hopelessly lost. Meanwhile, the north, the mighty Fraser River to the south, the Pacific to the west. What distinguishes Vancouver is the hard-core nature that hugs it in.

People pay for the mild climate (although a recent break in weather had some demanding a refund). The outdoor soccer season extends from fall through spring. Sewerage costs stay down all winter. Walking sticks for rain, bare feet bring the forested cities. Vancouver has unusual wild places, too. The dog-eared downtown Eastside is just a block from the financial district—a stark illustration of the vast gap between rich and poor. The bottom 18 per cent of families exist on an average \$8,700 a year; the top 10 per cent average \$285,000.

Meanwhile, the streets are alive with a wealth of languages. English is the mother tongue of less than half of Vancouver's population. Chinese is the first language of more than one-quarter. The bums have their own dialects. First on the North Shore, Fujian in Surrey. The city's most romantic road, named in the Vancouver Sun, is the “Ships Collision.” A daily tale of the arrivals, departures and careers of every brighter spark, it embodies the infinite promise of a city on the edge—a place of travel and trade, and of new beginnings.

KEN MACQUEEN

told Mulroney: "So if we can come to that same end point through another method, then there's nothing sacred about the gas tax."

Not around Vancouver, that's right, but in many city halls, Martin's pledge is regarded as something close to holy writ. "The gas tax is a panacea in a lot of people's minds," says Halifax Mayor Peter Kelly. Toronto Mayor David Miller says he believes Martin "will honour his commitment." This emphasis on a municipal lead on transit is no doubt what Godfrey clearly hopes he can turn into a more wide-ranging discussion about helping cities. The sense of that debate should firm up after Jan. 23, when Miller will host a summit of mayor city mayors in Toronto, with Godfrey as a special guest. So far, the mood among the mayors remains optimistic. "I can't recall a prime minister, certainly not in my lifetime, having cities as high on his priorities," Miller says.

Of course, Martin didn't come up with the notion that cities need urgent assistance all on his own. Urban woes have been a hot topic in policy think centres for several years, often triggered by Toronto urban planning guru, Jane Jacobs, and government officials by a spate of think-tank reports. As well, a crop of outspoken mayors—including Winnipeg's Glen Murray, Vancouver's Larry Campbell, and, more recently, Miller—have made big city politics a focal point in it hasn't been since the 1970s heyday of Toronto's David Crombie and Montreal's Jean Drapeau. Critiques of theory Canadian cities are run, say, but the common theme is that they sorely lack job and money and revenue management flexibility.

These problems can be traced back to Confederation. It made sense in the 19th century, in what was overwhelmingly rural Canada, to make municipalities a constitutional responsibility of the provinces, rather than a separate order of government with their own defined powers. In the first half of the 20th century, though, thousands of Canadians made their homes in cities with populations of less than 100,000. Over half live in four fast-growing areas: western Toronto and the Golden Horseshoe in southern Ontario, Greater Montreal, Vancouver, B.C.'s Lower Mainland and southern Vancouver Island, and the Calgary-Edmonton corridor. "This is no longer the Canadian I knew of 100 years ago," says John Huxford, a senior adviser to the federal government.

The Constitution's division of powers and the pressure to carve up the most attractive ways to raise revenues—especially in cities and cities—has made municipalities left to too rely on property tax, a poor alternative, since it adds to big population growth but has only an indirect connection to economic activity. "Of all the cities in the world, ours are the most heavily dependent on property taxes," complains Jim Kringle, chief executive officer of the Federation of Canadian Municipalities, pointing to self competition from angrier U.S. cities with a far greater range of tax tools.

Winnipeg's Murray has pushed further for a radical overhaul of urban finances than any other mayor. In his well-known blueprint for cutting property taxes in half, and relying instead on a range of other taxes and user fees, has far for a walk in the form of the Manitoba government. Last fall, the province turned down his request for a share of the sales tax, a key part of his plan. That has left Murray, who has been touted as a possible vice-Liberal candidate in the next federal election, urging Martin to lean on the provinces to make concessions to cities, using federal health transfers to provinces as a bargaining chip. "The mayors and the Prime Minister have to work together to get the position on the table," Murray says. "I think the federal government has to say, 'We can't



LARRY CAMPBELL
I'm not hung up on the details. What I know is that I need help—I need help with infrastructure and social services."



GLEN MURRAY
The federal government has the capacity to make this a national opportunity, but we need to understand what's happening in cities."



DAVID MILLER
I'd like to see the federal government enter into agreements directly with municipalities to ensure of overlapping jurisdictions, such as immigration."

talk about health care with you until you talk to your mayors about the cities."

There's no doubt Martin is ready to take that tough approach. "This is not about accepting between provinces and Ottawa politics," he has said. In fact, while some mayors expect a new direct financial pipeline from Ottawa under Martin, the old state-way federal-provincial-municipal relationship appears far from dead. Under the multi-billion dollar federal infrastructure grant programs, which were the main money source for cities from Ottawa under former prime minister Jean Chrétien, each level of government had to fund one-third of approved projects. Halifax's Kelly, among others, says Martin should relax that formula, allowing cities to tap federal money even when their province isn't willing, or able, to match it. But Godfrey says provinces will be left off the hook.

"We never want to finance something that isn't primarily provincial government responsibility, so that they can take a pass, make a tax cut, and get the political credit, whereas we're made with filling in the gap," he says.

Getting any deal to clear involving the provinces by the time a federal budget has not, much looks all but impossible. Still, Godfrey says a "symbolic down payment" on future bigger reforms could be ready in time. One possibility: spending up the special budget of \$1 billion for infrastructure over last year's budget, much of it committed for big cities, that was to have been spread out over a decade. Another option is reallocating money already in federal spending plans. Vancouver's Campbell wants Ottawa to shift money from drug and crime to some drug treatment—including funding for more safe injection sites like the one now operating at full capacity, about 500 injections a day, in his city's troubled Downtown Eastside. "That's 500 people who are not on the street," Campbell says. "It's working."

Some mayors might be satisfied with moving money around, spending up some spending already announced. But others are determined to keep the focus on the gas tax. Calgary Mayor Dale Bragg says even if Martin is not edge away from that promise. "It's a major part of his platform," he says. "It has to come in the budget. It has to be a strong signal that he's serious about how to deal for cities." Having created such expectations, Martin may find it hard to turn last year's stirring campaign: voters on cities into still year's governing government action. □

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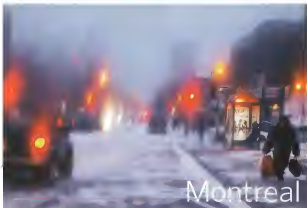


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Cover | >



OUT, OUT DAMN SLOTCHE

Ask Montrealers about their city and they'll morph into swirly-eyed proselytes: we have the mountains, the festivals, the big festival, the French factor, the European trends, the works. In short, Montreal has more fun. But check there out on a frigid January morning, diggle and sizzle their car out of a deep slush rut, too far their daily appointment with the traffic jam, heading to where no legal parking exists after 8 a.m., and ask them again. Those who haven't just blown their year's savings on a week in the Caribbean are just about to do so—either by careful planning, or on impulse, after one delivery truck company has sprayed them with a tonnes of the dark brown sludge locals call “la slotche.”

A hundred years ago, winter was the season of chaos of Man: winters no lies, no windy gutters, no typical epidemics. Instead, it was all sleigh rides and tobogganing, visiting girls in distant villages made accessible by frozen lakes and rivers. But then, Montreal made a mistake—it turned no engineers into something about the winter. Their response spray the city with mountains of salt every time two clouds gather in the sky. The result is three million wet suicidal people walking the error of the underground city to avoid shivering about in that lethal sludge we've created.

Still, Montrealers have short memories. Colour comes back to the city by mid-April, and colour to inhabitants' cheeks, too, when the first crocuses open on the sunny side of the street. Soon,



GÉRALD TREMBLAY
“Mr. Martin understands the urgency of increasing the per capita income of Canadians. To do this, he must encourage the wealth creation of cities.”

Winters were great until the engineers brought out the salt.

Montrealers are eating out, like, on week days, firing up barbecues, having more fun. Montreal is not a pretty city, not a well-run city, not a rich city, not even a nice city. Traffic is a nuisance and dangerous, public transit is a mess, and service is a mess. But Montreal is cool. It is not a good place to live, it is not a good place to work, it is not a good place to raise a family (which helps explain the exodus).

Montreal is very much like Belfast, San Jose or Jerusalem: unable to say “see” in winter. But Montrealers are not scared, and for the first time, perhaps, the city is coming together. The Anglos who stayed here have become bilingual, immigrants are bilingual, and local francophones have waded out of their cultural ghetto. The result is a globalized cultural mix, an once-unique and costly experience to any Paris or New York.

These days, Montreal shows the apocryphal resolution of one who knows he has a good thing going. If I had money, I'd buy real estate here, everybody else is.

Warily the city could do something about that sludge. **BENJAMIN RUBIN**



LET THE BAD TIMES ROLL

It starts with the car horns: angry, long-blasting, presumptuous. Sad part is, you get used to them, like you do the daily contest at the crosswalks between eyes-blinded pedestrians and careening BMWs, or the long, tense-filled lulls at the cash register. Where is all the noise, you ask yourself? Where have all the cheerleaders gone? There's no making the signs. Toronto is always large.

Since moving here in the mid-1980s, this is the third time I've been through a bad time in an unhappy correlation between the wealth of its citizens and Toronto's livability quotient. Between booms, it's a very livable city. Public transit works reasonably well, its many restaurants and amenities are laid out in an accessible, accessible way. As a reflection of prosperity, though, things go off that, traffic becomes unbearable, condos explode into being on virtually every lot. Language, like that for a New Year's Eve exhibit of children's discolorations at the Royal Ontario Museum, stretches for blocks.

Booms bring jobs and all those good things, of course. They also bring future problems. In the west end where I live, a phalanx of huge, multi-tiered condos is going up smack between Lake Ontario and the rest of us, cutting off casual lake access the same way a mine would sprouting of high-rise condos killed off the downtown in the 1980s. So what about Toronto's dream to be a slightly better version of the ideal? Maybe it's a dream only for those quiet moments when the car horns die down and there's not the money to make it happen.

ROBERT SIEPMANN

WHOSE THINKING IS OUTDATED?

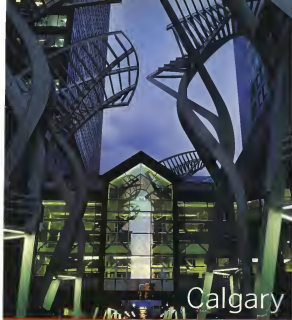
In his inaugural state-of-the-city address last month, Saskatoon Mayor Don Atchison dared anyone to dream big. Atchison vowed that he and the other pro-business councillors elected in October would break a 25-year logjam over what Wide with a critical, 30-acre parcel of land in the city's south downtown overlooking the South Saskatchewan River instead of the area's underused buildings and vacant lots. Atchison forecasted up to \$20 million in private development, including a major condominium complex—part of an overall effort to get 10,000 more people living in the city's core.

Probably, not all Saskatoonians share their mayor's vision. An overflow crowd of architects, artists and urban activists appeared at a special council meeting in December to lobby instead for a "public meeting space" that would include cafés, theatres and a farmers' market. Key to their plan was the preservation of the city-owned Gathertown building, a 10-year-old former high school which its proponents consider a historic resource.

Saskatoon's debate underscores the tricky nature of creating livable cities. Each side accused the other of outdated thinking. Atchison said the city couldn't afford up to \$22 million to restore the Gathertown. Far better, he argued, to let the private sector redevelop the site—by tearing down the building, if necessary—and use the ensuing property taxes to fund surrounding amenities. "The public wants change," said Atchison, "and they want it sooner rather than later." But opponents countered it was the mayor who was out of step with the times. "We need to learn from other cities that sell off overbank areas and blunders," said a more pragmatic, former councillor. "This is a public asset that could be a legacy for our city."

In the end, city council voted to build new housing and the south downtown, tear down one wing of the Gathertown and call for private lenders to build in with the rest, the decision put some at risk of an old long by former Saskatoonian Jon Mitchell. "We've paved paradise," one critic told council last night, "and put up a parking lot."

B.B.



FROM DISMAL TO DRAMATIC

People thought Gerald Carran was crazy. In the mid 1990s, the Irish-born businessman wanted to open an authentic Celtic pub in downtown Calgary. Carran was looking for a historic building, so his eye naturally turned to Stephen Avenue, one of Calgary's original streets. Unhappily, Stephen Avenue had fallen on hard times. A pedestrian mall since the early 1980s, the five-block strip was dominated by discount stores, while panhandlers and drug deal environmental people rarely ventured there after dark. "Everyone was so skeptical," acknowledges Carran with a chuckle, "but I just looked at all these beautiful buildings and saw the potential."

The private and public sectors together revitalized Stephen Avenue

In 1997, he opened James Joyce Irish Pub in a former bank building erected in 1912—and became part of a remarkable urban revival. Now several zones, a high-end hotel, top-notch restaurants and boutiques mutually followed suit. More than 30 historic buildings have also been lovingly restored, giving Calgary a dramatic new look. Stephen Avenue is a national historic district.

It's all proof that public and private sectors can work together to revitalize urban areas. Governments could their part by funding

friends and streetscape improvements. Still, about 80 per cent of nearly \$1 billion in redevelopment came from private sources. Except here, for one, managed the 115-year-old Alberta Hotel to its former glory. It also transformed the 100-year-old Clarence Block into a three-story bookstore. "Our company's credo is to create, enhance and sustain historic places," says Tower president David Noll. On Stephen Avenue, he had others are doing precisely that.

BRUN BERGMAN



Halifax

A SURGING TIDE OF CREATIVE ENERGY

Two a.m. Friday and the downtown Halifax bars are just starting to empty into near-bellied is rest. The end of the night? Most like a brief pause before the usual collection of oil coats, TV folk, tech-heads and university kids figure out where to keep the party going in the late 19th century. Halifax was regarded the wildest city in North America. It still takes its pleasure a tad on the raw side but that's being surpassed by a new stream of sophisticates. After dining at duck-rooms, my friends and I wandered past study joints, hip art galleries and murals bars in the Economy Shop Shop—renowned for the salvaged neon sign over its door—that's the usual warning hole for the film types whenever a Hollywood flick is being shot in town. William H. Macy and Tom Selick, here filming a thriller, are apparently otherwise engaged tonight. But I still find light-years away from the gritty, working-class city of my youth.

Halifax, with a population of just 340,000, retains a mid-century New, though, a historical flair to go with its quaint charm. Paul Gross haligh, the former assistant curator of London's prestigious Victoria and Albert Museum who became president of the Nova Scotia College of Art and Design in 2001, says Halifax abounds with the same kind of creative energy and entrepreneurial spirit that put cities like Glasgow and Brussels on the leading edge of the Art Nouveau movement—a subject on which he's one of the world's foremost experts—at the start of the last century.

Don't waste it. Instead of a port town dependent on the navy and government as it was for so much of its history, Halifax now boasts forward-looking industries—offshore energy, IT and biotechnology—more Ph.D. grads per capita than anywhere else in Canada, and, for the first time since the Second World War, a boom-town economy. There's also some big-city problems, including gridlock and soaring real estate prices (median waterfront, for example, have risen to over \$1 million-dollar today). But the metropolitan area is a nice, old-school, it's the office and 20 min or so later be at the beach. Or, as it were, through the time when your parents once straitened. Now, though, there's a sense of vibrant future to go with the reminders of Halifax's busy past.



PETER KELLY
to the (Federal) budget. It would be nice to see an increased injection of money into urban transportation in this country, toward meeting the Kyoto objectives."

Trendy art galleries are adding a stream of sophistication.



St. John's

'A CITY ON THE RISE'

St. John's boasts it's the oldest city in North America, but a booming economy, courtesy of the offshore oil industry, is helping it to shed its age. In place of the staid, shuttered buildings that lined the business district of Water Street a decade ago, there are now scores of boutiques, restaurants, art galleries and offices. On one by George Street, a three-quarter devoted to nightlife, partygoers pay the nightclubs most average.

The city, in fact, has the hottest real estate market in Canada. Take, for example, the luxury five-story townhouse project near completion on the former Benedictine monk Society Building, built in 1677 with 118 one- and two-story units and nine new high-end condos in what is now called The Waterfronts range in price from \$400,000 to \$2.5 million—and all but one of the 10 finished townhouses are occupied.

The upgrading of late 20th-century residential and commercial buildings in the city's core is a result of not only the strong economy, but an appreciation of Newfoundland's rich heritage, says Paul Thorne, president of the St. John's Board of Trade. "We have a culture which is extremely appealing, and we're learning to take full advantage of it," he said. "St. John's is a city on the rise."

A booming economy is helping fuel a hot real estate market.

Still, many Newfoundlanders keep a watchful eye on the horizon. Mayor Andy Wells warned the economy may stagnate unless a new offshore oil project proceeds by 2005. "This is an offshore oil capital," he said, "and we need a new field to be announced before construction finishes next year on the White Lake project." And in early January, Premier Danny Williams said his government is grappling with a crippling \$527-million deficit. But for now, many in St. John's believe those gloomy clouds are a long way off. **DAVID ALLEN**

The International Baccalaureate Program

Founded in Switzerland in 1968, the International Baccalaureate (IB) program is designed to offer students a world education that acts as an entry credential to universities around the world. The program has evolved as a rigorous and analytical education for any student who attends a school that offers the program. About 80 schools in Canada offer the IB program at present.

The International Baccalaureate consists of three programs of international education that span the primary, middle and secondary school years. While they form a continuous sequence, each may be offered independently.

The IB diploma program for students aged 16-19 is a two-year course of study that prepares students for university. Students take six exams including a language, a social science, an experimental science, mathematics and an arts subject. Where possible these subjects are approached from an international perspective. The IB diploma is recognized by more than 1,700 universities worldwide in 132 countries and recognizes that the IB diploma enjoys a high rate of acceptance at leading universities.


The Advanced Placement Program

The Advanced Placement (AP) program is designed to help prepare senior high school students to succeed at the post-secondary level. Students can choose from among 34 AP courses, which are equivalent to those at the first-year university level. These courses allow students to get a head start on the kind of work they will face in university or college. Tests to improve writing skills and problem solving techniques, and to develop the study habits necessary to handle rigorous university coursework.

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BORDER BLUES

In Washington's eyes, has Canada become the pariah next door?

SUDDENLY, the obsession is mutual. After a long history of Canadians keeping a wary eye on our ebullient neighbour to the south, Americans have turned their attention to us. And at a pair point, they're not always on charmed with what they see.

For months now, instead of the traditional Mouzoun and maple syrup, the U.S. media has been filled with tales of SARS, rattlesnakes, cocaine and things and decontaminated pens. Each passing day seems to provide fresh fodder for those Americans inclined to believe that a parish has taken up residence next door. Last week, it was confirmation that a Washington state cow infected with bovine spongiform encephalopathy (BSE), was imported from Alberta. Then came the continuing confusion over a U.S. progressive fringe site and photographs for sign visitors, along with a future demand for "bioterrorism" passports containing computer chips with identifying, digital photos. Ottawa claims only 3,000 citizens are affected by Washington's latest entry requirements, but proposed changes could pose a headache for tens of thousands of Canadian residents who had from countries on America's east-hand a visa list. If the U.S. Congress could confer "lost forever nation" status, Canada might now be a prime candidate.

It's difficult to argue that we should feel unfairly singled out as when it becomes America's age of suspicion, but things don't seem to go smoothly as they used to. Paul Martin has vowed to make improved relations with the United States a priority of his tenure, creating a special cabinet committee that he will chair. And this week, he and George W. Bush were to have their first leader-to-leader meeting during a Western hemisphere summit in Monterrey, Mexico,

SUGGESTION BOX: DESPERATE MEASURES IN ALBERTA...

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THE U.S. BORDER?
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TALKING"



where most now will be in the agenda, if not the media. Reports from the White House suggest the Bush administration is expecting a warmer relationship with Canada after the often chilly Christmas years. Ottawa is already dangling a peace offering—a willingness to participate in the so-called Star Wars missile defence project. But with so much baggage piling up—softwood lumber, Iraq, the Asia crisis, to name just a few recent disputes—it will take more than get-togethers, golf games and photo ops to make real progress.

Gordon Giffin, former U.S. ambassador to Canada, now slayer of pooping in cross-border issues, says the relationship is at times strained, but not dysfunctional. "It's not like there is a somehow evidence of a fire in how we relate to each other," he said from his Atlanta office. As the North American economy becomes more and more integrated—87 per cent of Canada's trade, an estimated US\$1.2 billion a day, is now with the U.S.—there are simply more profiles to watch for. The biggest, perhaps, is Washington's changed

priorities since the Sept. 11 attacks, a reality that many nations, including Canada, are struggling to adapt to. "Paul Cellucci [the current U.S. ambassador] and last March that security message made," said Giffin. "And I think that's still the case."

Then Anwerthy, a former senior adviser to Prime Trudeau, and long time spokesman U.S.-Canada relations, argues that cross-border problems are new to common that Canadians should stop obsessing about them. "We kind of rent our garments and pull the hair out of our heads every time these disputes end up in the headlines," said Anwerthy. "Well, people should take a Valium. This is just the way things work now."

The 19th century vision of diplomacy, where nations interacted through their embassies and ministers, is partially outdated in a more globalized world, and it's worthy. If Canadians are really concerned about American perceptions, then we have to take matters into our own hands, and forge ties in the issues we both care about, whether it's the environment, trade, fishing resources. "When the United States," said Anwerthy. "We have a very different value system, and we have to understand to get Americans to understand our position and to find ideas. Otherwise we're going to continue to be determined by their right wing."

With economic booming in both countries, bilateral relations will once again be back to economic concerns, at least for the short term. For all their current worries, Canadians have a history of pursuing leaders they deem too easy with the U.S. And Americans, as always, have much bigger things to fret about.

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The *Life in Balance Expo* will help women enhance and achieve balance in their lives. No matter what their age, whether working inside or outside the home, women are constantly seeking ways to live healthy lives that are in physical and mental equilibrium. The four lifestyle issues women identify as crucial to their well-being — health, beauty, fitness and nutrition — are the cornerstones of the *Life in Balance Expo* presented by Shoppers Drug Mart at the Metro Toronto Convention Centre.

Never before has an event, as all encompassing as the *Life in Balance Expo*, been mounted. Internationally renowned marquee speakers and a show floor filled with a tremendous array of products and information from more than 200 exhibitors will highlight this energizing experience. Workshops, seminars, interactive events, contests with fabulous prizes and opportunities to see, hear, touch, taste and participate in every aspect of healthy living will set this experience apart from any other.

The *Life in Balance Expo* is organized and staged by Rogers Media Inc. in coordination with Shoppers Drug Mart and supported by a wide array of media partners.

Sarah Ferguson, the Duchess of York
 Losing Weight While The World Watches

An activist and an author, Sarah Ferguson has become an independent businesswoman. A helicopter pilot, she has written a series of children's books about Budgie, a young helicopter, as well as her autobiography, *My Story*, and half a dozen other books. She is the founder of two charities dedicated to the safety and well-being of children.

Her Majesty Queen Noor of Jordan
Achieving Personal Balance in A Complex World

Born to an Arab-American family and raised and educated in the United States, Queen Noor became a queen, wife, mother of four, a social activist and a champion of peace, human rights, women's and children's welfare, education, health, cultural harmony and the arts. The author of the *New York Times* best seller *LEAP OF FAITH: Memoirs Of An Unexpected Life*, she has been awarded numerous international awards and honorary doctorates in international relations, law and humane letters.

Richard Simmons
High-energy Aerobics For 1,000

The self-proclaimed Court Jester of Health, Richard Simmons bounded to the forefront of the fitness craze with his irreverent humor and indomitable energy. His unique brand of entertainment made him the star of his own daytime TV program, but it's his compassion for those struggling with obesity and food addiction that makes Simmons one of the most popular motivators in the world.

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Eli Bay — Canada's Stress Guru — empowers people to regulate their stress reactions naturally with a simple, practical and proven strategy of inner control. He teaches how to develop resilience, balance and well being in a stressful world. For more than 25 years, Bay has helped people through his two television series, *Well Being* and *Beyond Stress*.



Christine Matheson practises naturopathic medicine and teaches special and yoga courses in Toronto with a focus on women's health. She runs a successful private clinic and is one of the very few naturopathic doctors in Canada breaking new ground by also working in a hospital setting. She uses an approach that respects the mind/body connection.



Quenne Mowat is a real-life Wonder Woman who uses her charm and wit in her battle against breast cancer. She completed 10 months of chemotherapy and radiation. She decided to consider her treatment a marathon and worked out almost every day. Mowat was the featured speaker at the October 5 CBC Run For The Cure in Toronto.



Rosemarie Pawlakovic is a certified genetic pharmacist and is an expert on senior care. She has worked in genetics at Sunnybrook Health Science Centre and in the community long-term care setting as manager of healthcare facilities clinical services at Shoppers Drug Mart. Pawlakovic now is manager of Community professional programs at Shoppers.



Jane Rogers is the editor of *A Friend Indeed*, a health newsletter for women in menopause and midlife. The former health editor of *Chatelaine* magazine, she has been published in *Chatelaine*, *Women's World*, *The Globe And Mail* and *The Medical Post*. She has also appeared on a variety of national TV and radio shows.



Dr. Barry Shew is a noted psychiatrist, psychoanalyst and author. He is program director for *Weighty Living Inc.* — a company dedicated to providing strategies for making healthy lifestyle changes. He is the creator of *Wassup At Weight Management*, a complete coaching system that helps solve crucial issues in weight management.

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 - High cholesterol (existing, taking cholesterol-lowering drugs)
 - Heart disease or high cholesterol
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 - Overweight
 - Physically inactive
 - Smoker
 - High blood pressure

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Overweight 16

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Sex M

Case No. 5341-96

Name J. B.

Cause of Death Heart attack



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LIFEfest

A LIFE IN BALANCE EXPO

SCHEDULE OF EVENTS

March 12, 13 and 14, 2004



Her Majesty
Queen Noor of Jordan

10 a.m.
Breaking The Weight-Loss Barrier
by noted psychiatrist, psychoanalyst and author **Dr. Barry Stein**

2 p.m.
Fashion's Influence On Beauty
by *Fame* beauty director **Rag Cha**

3 p.m.
Salon Nails Demonstration by **Nicki Dennis**, host of *Queen's* best-selling series of yoga home videos

3 p.m.
Enhancing Fitness And Nutrition
by **Christine Cushing**, host of *Food Network* Canada's *Chocolate Cooking Line*

4 p.m.
Mixed And Win by Ex Ray, founder of *The Relaxation Response Institute*

4 p.m.
Power Pilates by **Jodi Livingston**, a certified pilates instructor, personal trainer and fitness instructor

4 p.m.
Enhancing Fitness And Nutrition
by **Christine Cushing**, host of *Food Network* Canada's *Chocolate Cooking Line*

5 p.m.
Makeup: Ray Making by glow magazine beauty and style editor **Tweety McLeod**

7 p.m.
From Runway To Reality by *Fame* fashion director **Alicia Lee Shook**

6 p.m.
Salon Nails Demonstration by **Nicki Dennis**, host of *Queen's* best-selling series of yoga home videos

7 p.m.
Achieving Personal Balance In A Complicated World by *Her Majesty* Queen Noor of Jordan. Questions-and-answer period to follow

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Rogers Sportsnet
The Shopping Channel
Showcase Dux



Sarah Ferguson,
the Duchess of York

See Things Your Contractor Won't Tell You
by realtor *MoneySense* editor **Sandra Martin**

11 p.m.
Phenomenal: Brittonville And How The City Got It
by glow editor in chief **Jane Flanagan**

Maclean's Medical Post Doctor-Patient Poll
by *Maclean's* medical editor **Don Huxford**

Women Add Know: Ignorant Typify
by Toronto Star and *Chatelaine* columnist **Maryanne Lenecki**

The Mind Body Connection by *Medical Post* columnist **Dr. Susan Joffe**

Menopause: The Life-Altering Transition
by **Jane Rogers**, editor of *A Friend Indeed*

Weight Loss: Make Space, Discover The Foods That Work Against You
by nutritionist **Barbara Casselman**

Live Your Dream: How To Launch The Small Business You've Always Wanted
by *MoneySense* editor

Men's Most Fancied Dishes
A panel discussion by doctors, nutritionists, plastic surgeons and dentists, give you the inside information on the diet plans that make the headlines

Personal Training: Is It Right For You?
by **Earl Reiter**, director of personal training at Toronto's *Boulevard Club*

A Chef's Guide To A Healthy Lifestyle
by **Chief Michael Smith**, host of *Food Network* Canada's *Chef At Large*

Chief Officer: A National Epiphany
A panel discussion by experts from *Today's Parent*, *CBC News* and *The Medical Post*

The Secrets To Real Beauty by **Lisa Teal**, executive editor of *Chatelaine*

A Chef's Guide To A Healthy Lifestyle
by **Chief Michael Smith**, host of *Food Network* Canada's *Chef At Large*

Losing Weight While The World Watches
by **Sarah Ferguson**, the Duchess of York. Questions-and-answer period follows



Richard Simmons

10 a.m.
Working In A Man's World And Working In A Wife's World by *Sponsor's* anchors **Hazel Wan** and **Jody Vance**

10 a.m.
Real Food Affects Your Mind: The Right Food At The Right Time To Save Cash, by author and editor of *The Food Connection*

11 a.m.
Worst Cancer: Don't Be A Survivor, Be A Winner by *Chatelaine* breast cancer foundation spokesperson **Bonnie Moore**

11 a.m.
Screen-Free Remodeling by *Home And Garden Television's* *Real Home* master contractor **Jan Cook** and *Frankie Red* **Drinks**

12 p.m.
Organize This In The New Diet: Change Your Space And Get Organized by *Debbie Teets*, host of *Home And Garden Television's* *Debbie Teets' Facelift*

12 p.m.
The Power Of Zipping Air: New / Licensed The Hard Way by *Marlene Dwyer*, *CBC News* afternoon news anchor

4 p.m.
Powering The Net Generation by *Judy Fawcett* and *Katie McLean*, authors and co-founders of *Entrepreneur*

5 p.m.
Organize This In The New Diet: Change Your Space And Get Organized by *Debbie Teets*, host of *Home And Garden Television's* *Debbie Teets' Facelift*

7 p.m.
High Energy Services For \$600 with **Richard Simmons**, the self-proclaimed *Curly Jewels* of Health. Questions-and-answer period follows

4 p.m.
Screen-Free Remodeling by *Home And Garden Television's* *Real Home* master contractor **Jan Cook** and *Frankie Red* **Drinks**

6 p.m.
Synergistic: Treatment And Prevention by *Synergistic Pharmaceuticals*, managers of community professional programs at *Shoppers Drug Mart*

7 p.m.
Acupuncture: Discoveries For Wellness by *Acupuncture* doctor **Christine Matheson**

Schedule subject to change

"Motivation is what gets you started. Habit is what keeps you going," and LIFEfest will deliver the keys to both — a one-stop, interactive experience to get you started on fitness and keep you at it. You will learn about and sample pilates, yoga, aerobics, tai chi, meditation, strength training, walking, running and personal coaching. Along with demonstrations of the latest equipment, LIFEfest will introduce you personally to leading authorities who will inspire you to get motivated and help you develop the fitness habits of a lifetime.



Jane Franciose is the editor in chief of *globe*, Canada's premier beauty and health magazine.

Before joining the *Rapport* group for the national launch of *globe*, she was marketing director at *Pasive* magazine. Franciose began her magazine career in 1992 as the editor of *Verve*, an award-winning national arts and entertainment magazine. From there she became editorial director for *Zoom* Communications, working with the teams at *Report On Business* and *President's Choice* magazines. She has also worked as a creative strategist for a number of digital media companies.



Jedl Livingstone is a certified pilates instructor, certified personal trainer and certified fitness instructor. Her company, Power Pilates, operates corporate fitness programs, group classes and men-and-baby pilates classes in the Greater Toronto Area. She recently released a power pilates video.



Nicki Deane has distinguished herself as one of the top yoga instructors in the world, earning the respect of the yoga community and a loyal student following. She and her husband, Eddie Modestini, teach hatha yoga classes based in the Ashtanga tradition at their yoga studio in Maui, Hawaii. She helped create and instructs in two videos produced by Gaiam: *Yoga Journal's Ashtanga Yoga Introductory Poses* and *Yoga Journal's Ashtanga Yoga Beginners Practice*.



Lori Hobin is owner of The Right Fit Personal Training Company and director of personal training for the prestigious Baskin Club in Toronto. Hobin has been a dynamic motivator in the fitness industry for more than 20 years. Her unique style of training incorporates humor and creativity, making her a sought-after trainer and a passionate educator. She has reached out to many as a feature writer in *Fashion* magazine, *Toronto Life* and *Chaitelave*.

Celia Milne is a contributing editor and writer for *The Medical Post*, Canada's largest weekly newspaper for physicians.



Chocolate: the third C in nutrition

FIRST, VITAMIN C: *Mile* sure you get enough vitamin C in your diet. Not only can it help you fend off colds, but it might keep you fatter. A new study in the U.K. has found that too little vitamin C can increase your risk of developing abdominal atherosclerosis, an artery-inflammation disease that affects your arteries. The people in the study who developed atherosclerosis had lower levels in fruits and vegetables.

Second, calcium: In a new study, conducted at the University of Hawaii, researchers found that gods who consume the most calcium are also the leanest. This adds to the body of evidence that says calcium not only helps keep your bones strong, it can also help keep you slim. Researchers recommend you choose food rich in calcium, such as low-fat yogurt, instead of chips and cookies.

And, believe it or not, the third C is chocolate. Italian researchers have found that dark chocolate contains good chemi-

cals that might reduce cholesterol. Milk chocolate did not have the same healthy effect. If you're having a chocolate craving, go for dark chocolate.

Mental illness: The stigma and the secret costs

Firstly, mental illness, such as anxiety and depression, is as common as heart disease or cancer, but it's often kept secret. Only about 46% of people with mental illness go to their doctor for help, according to Statistics Canada. Yet doctors working in this field say that many mental illnesses can be treated successfully.

Secondly, mental illness is often a reason for calling in sick. The Mental Illness Foundation has found that 35% of all absences from work are due to poor mental health. Believe it or not, almost 500,000 Canadians miss work each week because of problems related to poor sleep, stress, anxiety and depression. ■

FYI High blood sugar increases cancer risk

People at high risk for developing the adult form of diabetes are also at increased risk of dying from cancer, according to researchers at Johns Hopkins University. The Baltimore researchers looked at people with a closely related condition called impaired glucose tolerance (IGT), in which the blood glucose level is higher than normal, but not high enough to be classified as diabetes.

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Christine Cushing, Food Network Canada's popular personality, chef and cookbook author,

hosts the live, interactive nightly show *Christine Cushing Live*. Connecting viewers from across the country with inspirational recipes and guest chefs, Cushing shares recipes that celebrate Canada's rich food culture and explores the latest food trends. Cushing's first series, *Dish It Out*, aired on Life Network for three seasons. She has written two cookbooks and returns as the spokesperson for the 2004 Milk Calendar.



Michael Smith is the palest man in the Food Network Canada kitchen, a chef and cookbook author who hits the road in the culinary adventure series as part of *Chef At Large*. In each episode, Smith tackles unique cooking challenges, going behind the scenes in a variety of unconventional kitchens. Before hitting the road with *Chef At Large*, Smith hosted three seasons of *The Two Chefs* on Life Network. In May

2002, a documentary profiling Smith titled *Saturday Night* won best national television special honors at the 2002 James Beard Awards.



Barbie Caselman has taught more than 6,000 people how to eat right, lose weight and feel great during the past 24 years. A Toronto-based nutritionist, Caselman teaches nutrition as a "lifestyle" pursuit — no fads, no gimmicks, no hype. She also consults in leading health clubs, corporations, restaurants, the media and the medical profession. Caselman helped Loblaw develop and market the President's Choice "Too Good To Be True" line of foods, wrote *Good-For-You Cooking: A Healthy Eating Guide* and co-wrote *Eat Right For Life: Prostate Cancer Nutrition & You*. For several years, she also wrote and hosted *Nutrition Tips* for CBC-TV's *Morning News* and *NewsWorld*.



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Debbie Travis is host, co-creator and creative producer of *Debbie Travis' FaceIt*, the popular television series in which she overhauls the rooms of unsuspecting, absent homeowners. Her first series, *The Painted House*, has aired in more than 60 countries and her books and videos are bestsellers. Her newspaper column is featured across North America.



Dr. Susan Blum has made balancing her life her specialty. She left emergency medicine to work as a general practitioner and has since been a freelance health writer. She has also taught salsa dancing, studied finance, started a photography business and is writing a book on the balance among mind, body and spirit.



Jim Ciruk is a charismatic master contractor whose *Real Renovos*, airing on Home And Garden Television, tracks construction projects and follows the dramas that unfold as detailed renovations take shape. With his network of superior sub-trades, Ciruk has worked with Toronto's most successful architects and designers, achieving spectacular results.



Maryanna Lawyckij is a columnist for the *Toronto Star* and *Castleview* magazine with more than 10 years' experience handling consumer complaints and exposing ripoffs. She's been a guest on many television shows and her seminars teach motorists how to protect the lives of vehicles, prevent breakdowns and avoid common consumer pitfalls.



Judy Razand and Katie McLean are moms with technology backgrounds who co-founded *KeyboardKids* to harness the power of technology to create a fun learning environment. They have published *Homework Help For Kids*, *Cool Internet Sites That Make Learning Fun*, and they offer *Krazy Computing*, a program for elementary schools.



Marlene Oliver joined 680 News shortly after it went on the air in 1993 and moved to the morning show the next year. Her background is in public affairs and politics but her particular interest is in health stories, which she focuses on every morning at 10 minutes before the hour. She is a volunteer with several health organizations.



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ROGERS

British Columbia



"To this day I miss the smell of fresh-cut wood," says Canfield, who lost both legs.

He remembers the pale, stained faces of the crew, a wild helicopter ride to Prince Rupert, and then little else until waking from a morphine coma in Vancouver—seven weeks and uncountable operations later.

The carnage in B.C.'s forests rips apart bodies, tears up families and cuts deep into the souls of dozens of tiny towns that most Canadians haven't heard of. It's chronic. It's relentless. Death and dismemberment are such constants in B.C. forests that they've become unremarkable. There is no occupation more dangerous. Nothing is a prouder or higher risk industry than close Nor farming, mining or oil and gas extraction. Not fishing, firefighting or policing.

And yet more people, scarred in their wood enclaves in the clear-cut of urban B.C., pay no notice. Most forests of pulp are converted to stores and news releases on spine boxes or tree-planting environmentalism. Dead loggers rate just a paragraph or two in the urban dailies. But they do notice in resource-dependent communities like Terrace, Burns Lake or Masset, says Harris, who got out of the business nine and is now the Liberal M.L.A. for the northern coastal riding of Skeena. He's attended too many logging funerals, where the churches overflow with people and pain. "It's usually one guy died, 1,000 people injured," he says. "And it's repeated over and over and over again."

Finally, this past August, the B.C. government announced the creation of a Forestry Safety Task Force with the ambitious initial aim to halve death and amputations in just two years. "While forestry is a high-risk industry, the rate of death and serious injury is much higher in B.C. than in other parts of the country, and higher than similar dangerous occupations," says Labour Minister Graham Bruce, whose northern Vancouver Island riding is heavily dependent on forestry.

The industry employs 90,000 people in B.C., of whom 28,000 work in the woods. Of those, 330 were killed between 1993 and 2002 and 968 more were severely hurt. The unusual injury rate in forestry is about six times that of all other B.C. industries combined. The death rate is 10 times higher.

Last summer in B.C., deaths included a feller crushed by a tree, a recreational bouncer pinned by equipment, a young tree planter

SOMETIMES, when things go horribly wrong in the forests of British Columbia, you don't die. Sometimes, miraculously, you don't even feel the pain. It was like that for Roger Harris, who nearly sliced off his right hand when his chainsaw kicked out of a cedar he was felling on the Queen Charlotte Islands. "Thump—finger on the dash," he says. "That's what it felt like." Just a bump, and his hand was hanging off his wrist. His partner collapsed in a dead faint at the sight of it. Harris suspected then that he was about to die.

Was so many other loggers he has known.

Mal Canfield was a scrawny 20-year-old logging old growth on an island off Prince Rupert when his number came up. From the corner of his eye he saw the crane-like grapple puller—a massive machine used to haul logs on cables out of the forest—swing

toward him. A split second before being rammed, he dove over a low pile of logs. "If I clear it I'm fine," he thought, just before the machine crushed his legs. "Hunched," he says, "it didn't hurt." It didn't realize his right leg was severed, held on only by his jeans. Or that his left leg was irreparably damaged

killed in a truck rollover, and an 18-year-old woman pulled into a belt as a severe. Ron Corbett, national health and safety director for the Bureau-based Industrial, Wood and Allied Workers of Canada (IWA), compiles the deaths and the worst of the injuries he learns about in the nation's monthly *SafetyTalk* newsletter. He's frustrated by the lack of public attention. "We're almost expendable," he says. "Police and fire departments unfortunately have deaths, one, though nowhere near as many as us. But when they happen, it's news for the whole world comes to a stop."

Corbett is among three IWA representatives on the task force, which is chaired by Doug Lima, the no-nonsense chairman of the Workers' Compensation Board of B.C. Members include the CEOs of several of the province's largest forestry companies, as well as other worker and industry representatives. Even an anonymous strike that started on Nov. 21 among the IWA's coastal loggers didn't derail the task force, which is to submit its

THE changes in the province's forests ripe for smart bodies, tame up families and cuts deep into towns and camps

report to the government early this year. Lima is determined that this report, unlike the many that preceded it, will change the culture of the sector. The lack of public notice of forestry deaths, says Lima, is indicative of a certain attitude that informs the industry itself. "There's some level of expectation that these things are going to happen. What we need to do is change that expectation."

The group has drawn on a recent IWA safety study that documents many contributing factors to workplace dangers. Among them: resistance by all parties to enforcing fundamental changes, a disparity of resources between giant forestry companies and the hundreds of small contractors that account for a disproportionate share of accidents, extremes of climate and terrain, and stressed and aging workforces—a result of layoffs and contractions in the financially troubled sector. Adding to the risk, the IWA says, are "unreasonable pressures." Loggers work in smaller cut blocks, selectively cut trees in dense, tangled forests, and follow myriad regulations that many workers say seem to stymie safety or common sense. "Environmental considerations often make the safe carrying out of the work extremely

difficult when the changes have developed faster than both the training and work culture could progress to meet the implications," the IWA report says.

Dale Lane, a logging-mill worker on the Chilcotin, says forestry workers are undermanned by environmentalists that have no intention paid to their concerns or their accidents. "I've never seen anyone harvested because the rangers and foresters instead of the providers. I don't think anybody cares," he says. "It wouldn't be surprised if, deep down, some in the government's movement think, 'One less logger' so go."

That feeling of isolation only perpetuates what has always existed deep in the bush in a sense that loggers must look out for themselves. Compensation board investigations seeking to determine the cause of an accident often encounter a wall of silence

among co-workers, as impermissible as old growth. Robert Ellis, the board's top president of prevention division, says, "I've heard this so many times. 'The guy is dead, but let him rest.'"

Loggers concede such attitudes are born of many things. "They resent anybody wanting to talk to them about it," says Lane, who recalls a time as recent as the 1970s when some foresters weren't even allowed out of the bush until dawn or dusk. "Particularly for fallers, if you let fear get to you, you'd better go look for another job," he says. "To go over a lot many cases, I don't think they want to deal with that first." Former faller Dean Bergstrom of Queens-Chabot City says investigations are more about finding fault than prevention. Fines in company procedures or productivity pressures rarely find their way into such reports, he says. "In every goddam accident investigation I saw, they screwed it around to be faller error."

Bergstrom left the industry six years ago, when he turned 40. He'd pushed that back as far as he dared, and that awareness to many



The serious injury rate is about six times that of all other B.C. industries combined.

now means he could no longer describe his workplace as his work. He couldn't be alone with three fallers who'd reached retirement with their deaths or debilitating injury. "You become desensitized to it," he says. "When you see your buddies gone, whacked, all the other fallers just look at each other and go, 'I don't know when it's my time, but soon, probably.' It's a bad way of thinking."

There are any number of ways to die. Maybe a tree is blown on one side, or not, and it falls the wrong way. Maybe it's a "barber-churn," spinning up the middle and growing backwards the faller. Maybe you cut one tree only to be hit by a "widow-maker," a branch or stump that comes from the tangled forest canopy. Or a chainsaw, revving at 14,000 rpm, back back, coming the way or literally backscoring through the air. People fall. Machines flip. Logs roll. Cables snap. Logging trucks crash.

Royal and Elia credit WCB and industry safety programs, courses and certification requirements for a significant drop in the overall injury rate in recent years. Still, they're at a loss to explain why the rates of death and serious injury have, in fact, climbed. The reason for that apparent contradiction is simple, says the IWA. Many queries go unanswered, the union says, because some firms are known to punish workers who report minor claims that boost a company's compensation costs. That creates another challenge for the weak first to address. Says Lane, "We need equal responsibility for safety throughout the entire chain of command."

With risk now concentrated in small layoffs and diminished pay packages. The unanswerable question now is why people still go into the woods. Bergstrom happily leads a safer life. He's opened a rolling practice, realigning posture and bone structure with soft tissue manipulation. The tales of his falling buddies' near misses have been as

anxious as his wife once felt. "I don't want to be hearing about this," he says, "because I'm going to go down to your grave." He's just a matter of time. That risk Bergstrom the appeal of falling trees—the most dangerous job of the timber industry in B.C.—and he's almost puzzled by the question. "Actually, that's it," he says of the danger. "Fallers love the most prestige."

Harris, who left falling for business and politics, has only partial use of his right hand and a synthetic left leg, courtesy of a tree that barber-churned and whacked his knee. And yet, "I enjoyed the independence," he says with a trace of nostalgia. "There's an adrenaline rush in that job that keeps your senses keen and sharp."

Six months after his injury, Mel Correll made the hardest decision of his young life. His remaining legs were fixed and useless. For weeks he mourned the irrevocable. "I'd lay in bed every night just watching the toes of my left leg wiggle," he says. "I knew I wasn't going to see them again." The doctors amputated at the hip. "You lose your leg," he says. "It actually says that on my driver's license." Today, at 38, he's married with two young children, plays volleyball sports, and works for the compensation board, dividing his time between computer programming and safety without school or work stress. "To this day I miss the smell of fresh cut wood," he says. "It gets inside you."

When the task force report is released, it is expected to contain a brave assertion that the forestry industry of the future "will be one where no one gets seriously injured and where no one gets killed." It's a noble effort," says Lima, whose own Liberals have cited the study. "I don't want to be a realist, because it sounds wrong," he says. "But this is an extremely dangerous occupation."

Perhaps, says Corbett, the report will get into the kind of outrage that would result if such carnage bloodied the offices of downtown Vancouver. Society in a whole must say this is unacceptable, he says. "Until we make it a big deal for everyone, it's not going to be a big deal for anyone."

DEATH BY NUMBERS

Forestry's deaths add up to a lot of pain—and log blocks

Deaths of Canadian on- and off-pipe logging machines since 1958: **106**

Deaths of Canadian police and peace officers during the past 10 years: **83**

Deaths in B.C.'s forestry industry during the past 30 years: **250**

Serious injuries in B.C.'s forestry industry during the past 10 years: **918**

TOP THREE SERIOUS INJURIES OVER THE PAST 10 YEARS: **80%** multiple fractures, **11%** amputations, **5%** other skull, pelvic, etc.

Five-year increase in serious injury rate: **23%**

Five-year increase in fatality rate: **30%**

Five-year cost of serious injury and death claims: **\$66 million**

PROTECTING PRIVACY

Too few companies understand the legislation, KATHERINE MACKLEM reports

CONSIDER THE CASE of the bride-to-be who was inadvertently shown her fiancé's pit was financial papers. He'd asked her to shop off some documents but had left in her way to work. While doing this little favour, she was ushered into the office of an account manager who had the man's file open online. It revealed a line of credit she hadn't been aware of, used by her lover to help pay his university tuition fees. The manager informed her that her future husband had reached the end of that year's allotment and needed to apply for the next year. He gave her a blank application, plus a copy of the last one her fiancé had filed. Upon learning the full extent of her extended fiancé's deceptions, she called off the nagging.

Then there's the tale of Kevin, whose cell phone provider sent post statements to his estranged wife. Using the records, she discovered he was dating an actress also who was married. Kevin feared that the impact of the privacy breach on his divorce proceedings would be severe. So he threatened to sue the phone company for \$100,000, claiming pain and suffering to himself and his girlfriend who, he said, were both harassed by their respective spouses.

Trashed credit ratings. Debarred fraud. Navy diversions. If you think privacy legislation is boring, think again. Since 2000, federal and provincial consumer banks and businesses, for instance, have had to comply with Canada's updated privacy legislation. Since January 1, this legislation has been extended to every organization involved in commercial activities unless it's already covered by provincial privacy code.

Not law-conscious is the case of the obligation, and that's happened. Over nine companies (mostly banks and corporations) have begun using the new consumer data, over a dozen credit unions and software surveillance systems began tracking consumers' every move, and over a dozen have advised of call delays, organizations have

collected rooms of personal information. Where you live, where you shop, what you buy, how much you spend, who you call, what hotel you stay in, what you eat and drink—all is digitized and available. All taken in a call centre system which is not paying attention when a wife calls for her husband's cellphone records. Or a sloppy bank manager, who leaves files open on his desk.

Or worse. Last winter, a huge computer hard drive belonging to Co-Operators Insurance Co. went missing for nine days. It contained the financial data of almost 100,000 life insurance and personal auto policies, in factures that could easily have been used to steal identities and commit fraud. The drive was found and no damage was done, but not before Co-Operators acknowledged to be on "fraud alert" and to up its call centre to hold questionable documents.

Banks of Montreal had a similar scare in late September, claiming a computer record (the included customer's names, addresses, phone numbers and bank accounts and credit

can only collect personal information for a stated reason—and can use it only for that purpose. Among other things, that means a company that supplies a service can't sell its list of subscribers to another company's marketing department. Individuals must be informed, and give their consent, before personal information is collected, used or disclosed. Canadians now have the right to see what data a company has on them, and to correct it. And a company can't withhold a service if a customer refuses to supply personal information—unless the company can show it is crucial to providing the service.

But most firms are unaware of the new law. "It's very unfortunate. Roll-out time is here now and awareness is lacking—it's been raised by the Starbucks affair," says Ann Cavoukian, the Ontario privacy commissioner, referring to the former federal privacy czar whose egregious expense-account mistakes continued to reach attention last summer. In December, just weeks before the law came into force, Cavoukian sold a breakfast meeting in Toronto that 51 per cent of small and medium-sized businesses have "no idea" how they should be "in mind begging to me," she said.

The obligation seems straightforward: get consent and use the information only for its stated purpose. But for larger companies that have data stored in many different divisions, half the battle is being aware of where all the information is kept. Says John Wilton of the Canadian Standards Association, which developed the model privacy code that eventually became PIPEDA. "I wouldn't say they're ignoring it, but their job is going to be bigger than they expect."

And there's confusion over what organizations might be exempt. Is a charity that shares its list of donors covered by the law? Is the practice of medicine a commercial activity? There are many questions that fall into the grey zone, says Heather Black, Ontario's assistant privacy commissioner.



responsible for the new legislation. "If you are in a grey area," Black says, "my advice is to err on the side of assuming you are covered." These questions will be answered as the law is tested, she says, adding "It will shake down, but it will take time."

Many companies don't realize the law applies to data already collected well before new information coming in, points out John Cavoukian, CEO of the Canadian Marketing Association. "There are good reasons to choose all existing customer information needs to be compliant," he says. The lack of awareness is troubling, he adds. "Even large companies—well known brand names—are calling us, asking if they need a privacy policy."

Queries to the marketing association's harassment of the rule that the law should then come. Through this ruling, says Cavoukian, many have discovered that a higher-than-average

use of a non-prescriptive health product (Cavoukian refuses to say which one) is related with a higher than average credit rate. In other words, a big buyer of Product X expects his loyalty cardholder for a loan, information that could lead to someone being refused a mortgage. Could the member be used? No, it's illegal. Plans would otherwise be the CMA's choice, which like the new federal law, only on members to be clear about why information is collected and to use it solely for that purpose.

Cavoukian's main fear is that the law, which he says is reasonable now, could be more severe—and more onerous for companies—later on. "If business doesn't get it right, and there are horror stories about non-compliance, the law will only get tougher," Cavoukian says.

Under the law, financial institutions may

to \$100,000. Tales of privacy breaches are currently posted on the federal consumer's Web site without warning names, but this could change. "At one point on, we will be naming companies," Black says. "This threat could run out to have more impact than the fines." The cost of a privacy melt-down is high. Cavoukian says "It could be a company's break price: a disaster on a Good privacy is good business. If customers believe you protect their personal information, you have their loyalty in spades."

Technology has made it easy to invade a person's privacy, says Black, but it can also help protect it. "As it becomes easier to do bad things with personal information," she says, "consumers are becoming less tolerant and more demanding of privacy protection." And the organizations that abuse it are clients' privacy is in peril.

THE NEW law says firms can only collect information needed for a stated reason—and use it only for that purpose

to avoid balances sent for sale on eBay for \$100,000 before that amount was recovered. A subcontractor, responsible for disposing of old IBM computer, had sold them to an Ontario individual who properly "scrubbed" them first. He discovered the error and the information was erased. The vulnerability of electronic data—which is everywhere—is a double-edged sword.

The new law, called the Personal Information Protection and Electronic Documents Act, or PIPEDA, says organizations



OSAMA'S SHIPPING PERIL

The greatest terrorist threat in 2004 could come from the sea

THE CENTRAL ISSUE of 2004, as it was in 2003, will be our fear of terrorism. Unlike past times, which could be accepted or deflected, the radical Islamic pledge to wipe out our way of life requires radical new approaches. My idea, which I dare broach only because this is my belated year-end column, in which hoaxes and mad suggestions flourish, is simply this: instead of promising the martyrs who blow themselves up heavenly access to 72 virgins, let's change the rules. Make it one 70-year-old virgin. Hey,

where did all those virgins suddenly go?

With all the emphasis on terrorism from the air, surprisingly little planning has been done to prevent maritime attacks on North America's port cities, which include some of the continent's largest population centres. On any given day, 40,000 large merchant ships ply the open ocean, nearly all flying flags of convenience, which means that they are bound by minimal regulations. Naval intelligence sources claim that Osama bin Laden wants to control up to 20 freighters, usually employed in carrying grain and oil, but available for more deadly assignments. One of his shipbuilders

flow of American casualties from Iraq is taxing the ceremonial capacity of the U.S. military. With only 500 bagpipers on staff, but 1,800 veterans doing each day (anyone with an honorable discharge is entitled to a military funeral), the Pentagon has resorted to what it calls "ceremonial bagpipers." People gathered to blow into a special bagpipe while they run on a hidden digital musical device. The sound is, according to the armed forces, a "high-quality rendition of bagpipes." That's a disaster I find beyond concern.

On a more cheerful note, Carl Darnau, the Vienna-born chemistry professor from Stanford University who synthesized the first

That would require a single currency, which is precisely what's in the works. Malaysia has been pushing to promote the gold dollar, the historic currency of the ancient Islamic world, as an instrument of international trade settlement. The Organisation of Islamic Conference has already held discussions of such a fiscal initiative with Saudi Arabia, Bahrain, Libya, Morocco and Iran, which is the closest to adopting the idea. Once these and other Muslim states are signed up, the dollar could rival the dollar and euro as world currencies. "It will give the Islamic nations strength and stability that cannot otherwise be gained," says Abdulbasar David Darna, a director of Dinar & Dirham International, which is promoting the idea. "It will create a new financial paradigm."

With an American presidential election around the corner, the secret which the Bush people are most anxious to protect is that, win or lose, the U.S. must reimpose the military draft, abandoned in 1973. There simply isn't enough eligible recruits volunteering to man the Iraqi condor, plus America's other growing foreign obligations. Republican Senator James Inhofe from Oklahoma, who serves on the powerful Senate Armed Services Committee, came flat out for the idea of making young people do compulsory military service. "There are huge social benefits that come from it," the senator said. "When I look at the problems of some of our kids in *América* newspapers, and then I go visit the troops, I see what a great benefit it is to give people the opportunity to serve their country."

U.S. newspapers have been chased out of the Saudi Sec. Mine, Ore., area where they were trying to interview members of the First Nations, under the mistaken belief that the 1794 Jay's Treaty granted dual Canadian/American citizenship to some Aboriginal Canadians. These modern-day bounty hunters also visited reserves across the country as their ungrudging recreation drive

WITH THE *OSAMA BIN LADEN* book, Peter C. Newman explores the maritime threats to North America's port cities, which include some of the continent's largest population centres.

Since most of this fleet is at least under uneasy observation, the most likely scenario is that al-Qaeda operatives will hijack legitimate merchant ships, slip out or kill their crews, capture and redistribute the vessels and then return them to North American harbours, carrying weapons of mass destruction. London's *Daily Telegraph* recently reported a 1,235 tonne vessel taken during the past four years used as capturing valuable cargoes. The ships were boarded by a dozen or more pirates, mainly in these choke points where boats have to slow down, such as the narrow Strait of Malacca between the Indian Ocean and the South China Sea. The terrorists' tactics would follow the same pattern. The Americans have tried to set up a system to monitor shipping but they are only able to keep an eye on two per cent of the container's entering U.S. ports.

Meanwhile, the never ending post-war



Naval intelligence claims bin Laden controls 20 freighters

"As a result of our conversation with the U.S. Embassy [in Ottawa], Minister was sent from the director, Joint Chiefs of Staff, in Washington to the vice chief of the U.S. military services, reminding them that their recruitment is to include from entering Canadian territory," declared Foreign Affairs spokesperson Raymond Deacon.

As an alternative to the impractical suggestion for dealing with terrorism that began this year, I offer the Greeks' idea of deterring an Adams canon recently unveiled connected to Alexander the Great's Gortynopolis to 21st-century terrorism, to be named can recently.

Quote of the year, from U.S. Defense Secretary Donald Rumsfeld: "There are known unknowns, there are things we know. We also know there are known unknowns, that is to say, we know there are some things we do not know. But there are also unknown unknowns—the ones we don't know we don't know." (Please don't bother going over that comment, it makes even less sense the second time around.)

Book of the year: *Iran Man*, Lawrence Martin's second volume of his memoirs/biography of Canada's favourite politician to go, Jean Chrétien. This is the best character study of any Canadian PM, which Martin describes as a "triumph of intellect, a failure of words."

he was born not with a silver spoon in his mouth, but a silver spoon in his mouth.

Peter C. Newman appears regularly in *Maclean's* and *The Canadian Press*.



PATH TO POLITICAL DISASTER

Howard Dean could lead the Democrats to a Kim Campbell debacle

WITHIN a month, the U.S. political landscape could be dramatically transformed. According to all polls, and barring late-crisis collapses, former Vermont governor Howard Dean will sweep the Iowa caucuses (Jan. 19) and the New Hampshire primary (Jan. 27). A week later, he should win Arizona and place no worse than second in South Carolina, Delaware, Missouri and Oklahoma, against a mixture of local favourite sons. He currently holds huge polling leads in Virginia (Feb. 18) and Wisconsin (Feb. 17), so the Democratic ca-

mpaign should by then be in his bag.

Yes, history reveals many examples of candidates who looked ready to win big early and then got blown away. Once named presidential nominees Edmund Muskie and Henry Cabot Lodge Jr. offered useful cautionary. But against a crowded field of Washington veterans who know how it's always been done, Dean has built such a powerful base of enthusiastic supporters, based on a new model—the Internet—that his candidacy seriously seems inevitable. If that's true, Vice President Paul Martin's path to getting better relations with Washington is clear: he'd better make friends with the Bush-White House and with leading congressional Republicans, because they're going to see democracy in November against a fractured Democratic party. America's

majority party since the Roosevelt era could be sliding to ward a second minority status. Republicans already hold both houses of Congress and 28 out of 50 governorships. A George McGovern-style national wipe-out could be, for Democrats, the

end of bluster that Canada's Conservatives experienced after the Mulroney era. Dean isn't just running against George W. Bush; he's running against the certainties in his own party who have controlled its machinery since 1992. During the Clinton years, the Democratic Leadership Council leaped that had backed Bill Clinton and spearheaded the drive to gain approval for NAFTA, gradually took control of the party apparatus, drove Clinton to those people and organisations as the "Republican wing of the Democratic Party." He says he wants to "take back the party." Emergent cause of leader

TO ASSERT that experience as governor of Vermont is enough to be president is like asserting that the majority of Banfil qualifies one to be PM

to Missouri—enough to choke off filibusters.

Dean campaigns as if the presidency is an entry-level position. To assert that experience gained as governor of Vermont is enough to be president is like asserting that the majority of Banfil Morello's bluntness qualifies its holder to be prime minister. Vermont is a tiny state with a population of 613,000 (96.1 per cent white). Its liberalism extends to being the only state to pass legislation permitting same-sex civil unions. (Nationally, polls show 60 per cent of Americans are opposed to same-sex marriages.) It has a paternal and risk-averse

economy; its only major problem with Illinois goes down from the bovine flu pandemic from the cows who supply the Ben & Jerry's ice cream plant.

Dean claims that his lack of national experience is an advantage, distancing his opponents in part of the "Washington gang." Yes, Clinton came from a small state, but Arkansas is more than four times bigger than Vermont, it's less 80 per cent white, and it went through decades of economic barrier adjustments to racial equality, giving Clinton a unique perspective on the two American dilemmas. Arkansas is also home to many companies, including giant Wal-Mart, and, as a Southern state, it gave Clinton a springboard to Democratic victory in several key Southern and border states that had gone Republican during the Reagan era. In contrast, Vermont's influence on other American states' voting patterns is comparable to its influence on Quebec's.

Dean got to the front from the rear by full-throated opposition to war with Iraq. That stance was always popular with the left wing of his party and with Bush hater

in general. His popularity with Democrats and independents grew under Iraq reconstruction problems worsened and the economy sputtered. Then the U.S. economy took off and the Americans melted Saddam Hussein. Dean's opinion popular

with his base, but his chance of getting independent and Republican votes has diminished. His moderate fellow Democrats may well cast him and other Democratic candidates aside in November from these too bitter to vote.

The resulting Republican landslide could mean that Bush will have a much easier path to implement his M.I.A.-style economic policies based on maximizing individual choice and accountability.

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Q&A | DAVID MERVIN

THE ACE OF STAGE

In choosing shows, he uses an "old-fashioned thing called instinct"

DAVID MERVIN is the impresario who runs Mervin Productions, which mounts international theatrical blockbusters in Toronto. The 59-year-old and his father, "Honey" Ed Mervin, also own the Princess of Wales and Royal Alexandra theatres and manage the Canon Theatre. And David is producing two ongoing musicals, including a Canadian version of the Broadway smash *The Producers* and the ABBA scored hit *Mamma Mia!*. In April, he's launching a Toronto production of *Hampery*, another hit taken from New York (based on the 1988 John Waters film). He spoke with *MoneySense* columnist Jonathan Durbelo in Toronto.

The *Producers* opened recently here to an avalanche of press. Are you pleased with the production?

It's the first big show we've done in 3½ years. When you ask people to put millions of dollars on the line and believe in the city—where you're saying that this is the place in the middle of the continent that can create like that should be taking place—it gives you a certain amount of pride to pull it off. A lot of our labour went into *The Producers*, building the sets in this country. And, as a stage, I feel that we're creating Canadian stars.

So you view commercial musicals as a launch pad?

The international theatre community loves that there big shows, and eventually our performers can take off all over the world. But another thing these shows do is support our own writing community. I have a little show called *The Adventures of a Jack*.



Girlie Scott of God on right now, and it's about a specific community near Toronto.



You're currently casting for *Hampery*. Will it be a homegrown production?

We always go far as many Canadians as we can. But ultimately, our goal is to put on the best show that we can. It's a question of equal talent, don't we go Canadian. *Hampery* is very timely it's very complicated. It's a family show. And we don't have a pure family show with *Lincoln* going, so that's it as far as we can.

You're calling a John Waters adaptation a "family show"?

It's the only answer John Waters ever did that had mother approved of. I'm not making that up.

How do you choose which productions to mount?

I have a very old-fashioned thing called instinct. I didn't know ABBA's music when I went to see *Mamma Mia!* in London. I was probably the only person in the world who didn't. As the end of the first act, I sensed a musical front me who was having a good time. So I popped him on the shoulder and asked, "Are you from London, sir?" He said,

What does Toronto theatre offer Canadians living elsewhere?

Most countries have some city that's the country's gateway. In America, I often think of New York. And when a show is successful in New York, it's not just for New York. It's for America. Canada has an opportunity to develop that sort of creativity. At the moment, Toronto sits as probably the third most active theatre market in the world, after London and New York. Part of the idea behind these shows is to make Toronto a place that's worth coming to for a holiday.

How did your company weather 9/11?

We saw a decrease in American tourists and put *Mamma Mia!* on hiatus for three months. Instead of closing it down, we went to Vancouver, where it sold out. It was financially and artistically successful, and an enormous driver in terms of filling hotels and restaurants. I thought, "Here is an example of how theatre affecting the whole country."

PHOTOGRAPH BY JONAS BERGSTRÖM FOR Q&A



LEVELLING THE FIELD

CHARLIE GILLIS reports on the U.S. drug scandal

FOR CANADA, undetection lies just beyond the glass, where door. Stacked to the ceiling of a cavernous, well-lit freezer in Sainte-Clair, Que., urine samples await among the newest additions to the ever-expanding family of anabolic steroids, tetrahydrocannabinol (THC). As Christine Ayotte, director of the INRS's Institut Armand-Frappier laboratory, releases the lock and swings the door open, a cloud of icy mist parts to reveal a stunning sight made more than 1,000 bottles crammed along shelves lining the steel-sided coils. Still more lie sealed

in canvas counter bags on the floor of the Montreal-area lab. "This is what happens when they find a new drug," says Ayotte. "When THC was discovered, all these sports federations from around the world started calling us up. 'Freeze all our samples,' they told us. 'We have to test them again.'"

It's been six months since the U.S. Anti-Doping Agency announced the detection of THC, and "freeze" is an apt word for the sports world's general reaction. In the coming weeks, Ayotte's team will can first that name of the roughly 200 samples collected from Canadian athletes in the last half of 2003 tested positive for the newly banned substance. But THC is not a story about drugs in Canadian sport, it's about drugs in American sport, and for that reason, the non-American athletic universe was transfixed, welded to the news by a combination of dread and gleeful anticipation, wondering who will get caught next. For years, athletes from around the globe have privately alleged their American competitors were obviously doping—all the while enduring sermons on the evils of performance-enhancing drugs from the likes of U.S. sprinter Carl Lewis.

Now, 15 years after the disgrace of Ben Johnson, the reckoning south of the border has finally begun. Since the discovery of THC, at least five prominent U.S. athletes,

including the world's top female middle-distance runner, Regina Jacobs, have tested positive for the new drug, while others await their test results. Still more, including sprinters Kelly White and Chynette Gaines, escaped the THC dragnet, only to come up positive for other drugs like the psycho-stimulant modafinil. And the lid on the U.S. history of covering up doping offenses is

about to break open. Last April, one former U.S. anti-doping official released documents showing more than 100 U.S. athletes—including 39 medal winners—were allowed to compete in various Olympics after testing positive for banned substances between 1980 and 2000. The revelation confirmed the worst suspicions of Olympic cynics. And the mere mention of one of those names—guilty of three positive tests for amphetamines in 1988, per known for his public attacks on his



JACOBS, AYOTTE (left) and her freezer full of samples

evil, Johnson—is enough to make most Canadians gag: Carl Lewis.

SEATED IN HER cluttered office, with a screenshot of the THC molecule displayed on her laptop, Ayotte admits her success story at the conspiracy that gave birth to the newscast. Other drugs have been designed in the past to evade tests, she notes. Eastern bloc countries made an art of the practice in the '70s and '80s. But they at



Vaccines | A personalized approach to fighting cancer

Like a fingerprint, every tumour is unique—a fact that scientists are using to their advantage in the development of a new type of therapy called cancer vaccination. “We extract DNA from the patient’s lymphoma (a type of malignancy) and inject the unique protein back into the patient,” says Dr. Ned Berenson, an oncologist at Toronto’s Sunnybrook Regional Cancer Centre. “By doing this, the immune system gets tricked into being activated to fight its own cancer.”

Berenson is using a vaccine called MyVax, developed by Genovex Corp. of Redwood City, Calif., on about 40 Canadian patients. One of them, Doug Iwan, 53, an insurance adviser with BMO Nesbitt Burns, travels all the way from Amesbury, N.S., for monthly injections. Iwan, who was diagnosed with non-Hodgkin’s lymphoma in March 2001—the only kind being used—was right on the clinical trial at the urging of his wife, a nurse, after being diagnosed with the watch-and-

wait strategy. Berenson checks the progress of a tumour tracked into being a target.

wait approach recommended by his doctor. Participation in giving him more than just a personalized vaccine. “It at some point I helped, Dr. Berenson will continue to provide one with whatever treatment is needed,” he notes. An added benefit: the experiment “allows me to feel like I’m in control.”

Still, 600 patients in the U.S. and Canada have begun the series of seven monthly personalized injections, used in conjunction with chemotherapy. Adverse reactions are reportedly no worse than those of regular childhood immunizations. “That’s one of the attractions of this form of therapy,” says Berenson. “They’re very specific to the type of cancer and therefore have very few side effects.” The results so far are encouraging: scientists hope—patients in earlier trials had tumour cancer much longer than expected. The company hopes to have interim results by 2005 and the product available worldwide a year later. **BARBARA HANLEY**



Allergies | Killer nuts

The spectre that haunts school cafeterias—the often deadly peanut allergy—now appears to be getting worse. Most recently after a girl in Rhode Island

and colleagues reported 4,321 Montreal primary schoolchildren and found 1.6 per cent with peanut allergies. That’s much higher than previous studies.

and American researchers are finding a similar trend. Some blame the answer on the fact that peanut butter is being used to toddlers before their bodies are ready. Others offer another

take: the success of modern medicine in eliminating many infections has left a young immune system looking around for something to battle, and settling on the lovely peanut.



Findings

TEENAGE STRESS

Overweight teens appear to carry a greater risk from high blood pressure and related problems than similarly overweight girls, the Medical College of Georgia reported in a study of nearly 300 teenagers between 15 and 18. Girls seem to have better natural mechanisms for dealing with stress, including the secretion of milk, a substance that produces hypertension.

LAUNCHING VOILAS

A genetic analysis of the coronavirus that caused last year’s SARS outbreak failed to tie a case, almost 18 months after it was struck from books and name cards, to the University of Toronto researchers found. That find was likely what led the human genome project and made SARS as deadly as flu, the researchers warned, because most infected coronavirus victims likely develop nothing worse than the common cold.

Surgery | A new tool for entering the brain

Plagued by a recurring loss of his voice and the absence of feeling in one hand, Doug Clarke was sent for a CT scan last summer. It showed the 62-year-old co-owner of a Winnipeg sewing centre had a brain tumour that was paralyzing one of his two vocal chords. The neurosurgical team at Winnipeg’s Health Sciences Centre gave Clarke two options. He could undergo conventional brain surgery, which would involve a lengthy operation, followed by at least two weeks in hospital. Or he could consider the Gamma Knife, an innovative, painless operation that uses intense radiation beams to cauterize tumours. He would be treated as an outpatient and back on his feet within hours. “But that way,” says Clarke, “it was a very easy decision to make.”

On Nov. 4, Clarke was among the first group of Canadians to be treated with the Gamma Knife in the country. As promised, he spent less than a day in hospital and went back to work within 48 hours. Clarke has no further complications. His voice is strengthening and the other symptoms of the tumour have disappeared. “I haven’t had as much as a headache,” he marvels.

The Gamma Knife has been used for decades in the United States and Europe, with over 250,000 patients treated worldwide. Winnipeg’s \$6.7 million centre is the first in Canada, though Ontario and Quebec are looking at getting their own machines. Michael West, chief of neurosurgery at the Winnipeg centre, opened his neurosurgery department of 200 procedures a year, with slightly more than half on patients from outside Manitoba. The tool, says West, is ideal for a very particular set of tumours, especially those that are concentrated in areas of the brain where conventional surgery would prove extremely risky.

The advantage is its incredible precision. Prior to treatment, an aluminium frame is attached to the patient’s skull with five small screws. With the frame in place, the patient undergoes an MRI or CT scan. The images are then compared, that

Winnipeg’s Gamma Knife has penicillin for radiation therapy



Posture | Pack pain

Worn-out kids are doing it their backs: sitting on their knees, hunched over their backpacks that would fall away. So are Canada’s teenagers.

Medical associations are now recommending packs be no more than 10 per cent of a young person’s weight. In California, health centres offer backpacks for borrowing.

The best advice: If the pack shouldn’t sit above the shoulders or fall below the hips, it’s good.

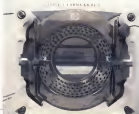
Shoulder straps should be about two inches wide and padded—and both end. Children less than 10 lb. should use no more than 10 per cent of their weight.

in turn, produces a three-dimensional map of the patient’s bones, and indicates the exact size, shape and location of the tumour. The surgeons then calculate the doses of cobalt radiation required to kill it.

After lying down on a treatment table, the patient’s head, with the frame in place, is lowered into a vault with 201 specially designed

holes. Through them, a series of narrow radiation beams are carefully focused on the target. “Because you have 201 of these beams, no single one has enough energy to damage the brain,” explains West. “But when these beams focus, they can deliver a dose of radiation sufficient to kill the tumour.” The patient is given only a local anaesthetic and, sometimes, a sedative.

There are many types of tumours for which the Gamma Knife is warranted, including those too diffuse to be accurately targeted, or more than three to four centimetres in diameter. But for specific conditions, the source is tumours—tumours that affect a person’s balance and hearing—and certain vascular malformations, it’s a welcome option to surgery. As Doug Clarke says: “It was best being on the operating table and having your skull cut open.” **BRIAN BENTON**



POLEMICS AND ELEGIES

Non-fiction writers pour their hearts into topics that matter to them—and to us

BY ITS VERY NATURE, Canadian non-fiction can never offer the thematic unity often found in Carle's. But every year writers pour as much passion as any novelist or poet—and considerable literary skill—into topics that matter to them. The best also deserve our consideration. Some recent highlights:

Proven is certainly the defining criticism of Alan Young's *Justice Defiled: A Toronto law professor, criminal lawyer, media commentator and self-proclaimed defender of "hookers, druggies, gamblers and major criminals"*. Young calls his book a "professional

snipe note." (He may well be right about that, considering the stakes in his guiding light: the famous declaration of Shakespeare's *The Merchant of Venice*: "The first thing we do let's kill all the lawyers.") Young's sense of moral outrage never wavers. There are far too many lawyers, he argues, precisely because the Criminal Code is already biased. Why, asks Young, does the Code contain a section on "death in general" and 39 other sections on specific types, including "death from cystic fibrosis"? It is, in fact, ridiculous to say to anyone a criminal in Canada simply got caught working at night. That might be dangerous and even negligent, but it would be better dealt with through bylaw regulation than the same array of legal procedures in an accusation of murder.

The core of Young's argument is that "lifestyle" offences—drugs, prostitution, gambling—should be removed from the code. It's morally wrong, he contends, to criminalize people for the pursuit of pleasure, a human desire that will never be stamped out. It cruelly misses resources—in 1992, the Toronto police budget allocated \$73 million for the morality division, six times the funding for the sexual assault squad. And it fosters hypocrisy and corruption among lawyers, judges and cops, all members

of high status professions who, rather than, indulge in narcotics and buy stolen services as soon as much as the rest of us.

Justice Defiled offers few practical remedies. (Young doesn't really mean superfluous lawyers should be killed—unless, I don't think he does.) And thus he does come up with, like informed non-lawyer head counts for judging low-level offences, have a way potential for abuse. But that doesn't vitiate the core of moral truth in his description of a dysfunctional system.



Justice Defiled
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Ray Porter
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All Hell Can't Scoop Us
All Hell Can't Scoop Us
A Life and Regime Rite
Bill Waiser
\$28.95

An equally valuable look is by author-historian Bill Waiser's *All Hell Can't Scoop Us* (Holt House), an enthusiastic reconstruction of the 1935 Regina Riot, one of the most dramatic events of the Depression. In April of that year hundreds of single or employed men walked out of federally run relief camps in their C. I. Lewis places where they had cleared forests, built roads and dug ditches in return for food, toilet and 30 cents a day. The men were determined to swing a "work for wages" program from Ottawa. But then Prime Minister R. B. Bennett found a way to ignore protesters thousands of miles away, and the men decided to take their demands to him.

On the nights of June 3 and 4, almost 1,400 men began the O.K. to Ottawa Trek in Vancouver by climbing aboard eastbound trains. With the unlikely exception to pick up hundreds of new recruits and approach Ottawa, a worried federal government decided to make a stand in Regina. The rail-ways were pressured into refusing to carry the men further, and the government believed as RCMP Superintendent O'Connell of July 3, while Regina citizens and children gathered in the city's Market Square. Men and local police, many wearing sword-bathed hats, charged the crowd and hit to sever the leaders. The rioters quickly responded with rolls of tar and bricks, or men of their own. City police eventually fired on the crowd.

The toll from the Depression's bloodshed lay hundreds injured, and killing more than a dozen who were shot, and two dead, one a policeman killed by a blow in the head

and the other a grifter who died later. An inquiry quickly absolved the authorities of any blame, but Waiser's well-researched account exposes that conclusion for the whitewash it was. The Regina Riot was a classic police-provoked disturbance. But *All Hell Can't Scoop Us* is more than a work of solid scholarship, at a time when mass demonstrations and policing are again hot issues, Waiser's book is also a provocative cautionary tale.

A far less scathing tone marks Kim Vicente's *The Human Factor* (Knopf). Vicente was engineering professor at the University of Toronto, a leading figure in the emerging field of human-centred technology, and an enthusiast who believed good design can bridge the growing gap between technology and our capacity to control it. He points to success stories like aviation. Six years ago, flying was even more dangerous than driving still is. The death toll—six in Canada, but 18 in the U.S.—during the Second World War prompted the USAF to make pilot training changes to cockpit. Identical but diametrically opposed switches were changed in shape or moved apart so a pilot would not flip the wrong one by accident.

Canada's bloodiest depression day cost two lives and millions in property damage

What Vicente calls "misbehavior" thinking became rare in global aviation. By 2001, despite a massive increase in traffic—and the four terrorist-related crashes on Sept. 11—social airline crashes around the world fell to their lowest level in half a century.



The Human Factor
Breakthroughs that
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with Technology
Kim Vicente
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Canada A Portrait in Letters
Philip Allard
Twenty Letters
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Nor does Vicente overlook small steps on the way to a better future. He's delighted by the rituals in Amsterdam's Schiphol Airport. It has always been possible to design airports that minimize splashback, though no one bothered. But Schiphol goes one further, combining engineering and social knowledge of human psychology (guy victory). There's a fly catched on the pavement at each arrival's "sweet spot," the point of curvature that opens the best avenue of egress. Men instinctively aim for the bag.

But each triumph, large or small, described in *The Human Factor* is matched by a tale of loss. The mirror image of the Schiphol arrival is the Mercedes-Benz electronic oil checker, which requires five counter-emergency steps, including one in which the user has to push a button twice within one second. (No wonder most Mercedes drivers stick to the tried and true.) (More on counter-emergency success is qualified by medicine's failure.) A mismatch of overworked humans and needlessly complex technology causes up to 98,000 preventable deaths in American hospitals every year. (The Canadian toll is assumed to be proportionate.) By nature



evincing and disturbing, Viscusi's novella book is full of advice on how to make this a more elegant, as well as safer, world.

Vladimir Nekhvoroshev (from Montreal zone, but on Oct. 13, 2003, the Bulgarians born in St. A. resident was celebrating the last night of a trip to Moscow. He and a Russian friend were halfway through watching the black banner entitled *Nord-Ost* when 48 Chechen terrorists—including 18 female suicide bombers—seized the theatre. They held 800 audience and cast members prisoner for 26 days before Russian forces jumped in into the theatre and stormed it, a rescue that killed all of the captives and 129 hostages. *57 Hours* (Penguin) is Nekhvoroshev's account of being caught between two unsavory life alternatives—the Russian government (as reprehensible and as bloody entitled to the Chechens' Nekhvoroshev, also played by well-known Canadian writer Paul Wilson, is stuck by himself about his interest and a mutual confusion they and now that his recent decency and, above all, his desire to know why this Nekhvoroshev's wrong place, wrong-time narrative is so remarkably affecting.

Biographer Charlotte Gray has a companion's eye for old letters and a historian's eye for the telling detail in them. In *Canadian A. J. Jernigan in Letters 1900-2000* (Doubleday), Gray presents 217 of the 3,000 letters she read during her research. These were early immigrants who wrote home in good cheer, if only to corroborate—particularly female relatives or prospective brides—to follow them. The lack of women was a personal problem in all frontier societies. In late 1800 Joseph Willems reported to his brother Richard in Dublin that he had finally met a pretty girl in Montreal. Unfortunately she was too poor for his business. "Love and money may be off the belly of women but not of men."

The prevailing themes in the early pioneer correspondence, though, were love, loss and struggle. Later, as life became easier and more settled, there were accounts of big-city busts and parties, the arrival in villages and towns of the railway and telegraph, and rugged life and death. On Nov. 11, 1894, Springfield, Mass. general manager Henry Smith wrote his daily account of news to his boss in Halifax, "I should say, nothing serious." The next day, in the worst mining disaster Canada had yet known, Smith and 124 others died when a powerful explosion ripped through a shaft. On the whole Gray's



The Moscow hostages were caught between two unstable and bloody-minded adversaries.

letters yield little about the grand sweep of Canadian history there isn't enough material of Confederation in any of the 1867 correspondence she found. But for the everyday moments of ordinary lives, the actual building blocks of the nation, her book is a treasure trove.

We are luckier than we realize that we can still understand the words our ancestors spoke two centuries ago. That's not the case for millions of people around the world, as documented in Mark Abley's *Spoken Here* (Random House). Some 5,000 languages are still used by humans, many are down to a handful of speakers, and within a century, linguists believe, perhaps half will be gone entirely. That's thousands of unique and irreplaceable ways of looking at reality, a

loss to planetary diversity as great as the extinction of plants and animal species. Deeper? Abley is remarkable for looking at most things not just once or twice but even a third time at his explanation of the endless stream of linguistic politics. Languages have always died—it's been some time since any one he has conversed in Hindi. The Irish, who overwhelmingly speak English, as native Irish. Coerced efforts by speakers of Welsh and even Hebrew—a dead language only a century ago—have made them linguistically, while other minority languages seem bogged down in sterile quibbles over spelling.

But when it comes to Aboriginal languages, under severe threat everywhere, Abley makes a persuasive case that language is absolutely necessary for cultural survival—"a 1-800 number to my ancestors," in the modern scheme of a Markalev activist. Some of the stories here are unbearably sad, like that of Pansie Nudjaba, an old man who lives on the northern Australian town of Wollie. He's one of two people still fluent in Manjara, the language of a people who have lived in that area for tens of thousands of years. The other elder, a woman named Agatha Pendergast, lives in Wollie itself. On the rare occasions Pendergast comes to town, the author writes, you might think he's looking at Agatha, so they could help one another remember words, phrases or sentences of ancient songs. But it wasn't Agatha and Pendergast see teacher and sister, and Manjara, the culture are already passed on to them alone, far from brother and sister from conversing after puberty. "When they die," Abley writes in his elegiac book, "the soul of a language will die with them."



IF LIFE WERE LIKE THAT, I could have a good time.



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Traveler's Account
of the World's
Languages
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All you need



THE MONSTER AND THE MAID

Charlize Theron and Scarlett Johansson offer a study in extremes

SOMETIMES the best way for an actress to get noticed is to leech her glamour. For the role of serial killer Aileen Wuornos in *Monster*, Charlize Theron gained 30 lb. and wore fake teeth and layers of makeup, transforming herself into a bedraggled Florida hooker with sun-damaged skin. As a maid who poses for Dutch master Jan Vermeer in *Girl With a Pearl Earring*, Scarlett Johansson reduces herself to a pale glimmer of beauty. Their performances are both exceptional, but lie at opposite extremes of the acting spectrum. Theron's is all about exposure—baroque-face torments of expression. Johansson's is

the creature of restraint, a silent brushstroke of nuance in a painter's eye.

Monster inevitably brings to mind *Boys Don't Cry* (1999), for this is another true story of a resilient female misfit who becomes a martyr to her sexuality. At its heart is another doomed romance between two who truly connect, changing the range of the American Dream. And it marks another scorching forensic debate by a female writer-director, film school graduate Perry Jenkins. Jenkins befriended the serial killer when shown on death row, and the night before her execution she was granted access to her prison writings. What emerges is a portrait of a woman as victim, a girl who dreamed of being a Hollywood star but began hooking at 13 after a childhood of abuse.

Theron's epic up her story as Wuornos rumbles into a Florida bar, suicidal with despair, and catches the eye of a young lesbian named Selby Wall (Christina Ricci), whose parents have sent her to live with an aunt to "save" her homosexuality. The two women fall in love. And they duck up in motel rooms. Wuornos promises her the moon—they'll escape to the Keys, they'll buy a beach house, they'll be "normal." But after some sad attempts to land a legitimate job, she returns to prostitution. A job, turn violent, she shoots her maid defenceless—then soon discovers that killing her clients is more palatable, and lessive, than servicing them.

In a way, Ricci's character is the real challenge of the two. Theron, wide-eyed gazing disconsolately because Wuornos' lip-up, pushing her back onto the street. But she remains an enigma. Wuornos, on the other hand, seethes with explanation and motive. Theron constructs her as an arsenal of blood-

poisons, forced angles and savage outbursts. She delivers the kind of feral physical performance that could win an Oscar (brides of Halle Berry in *Monster's Ball*). In past movies, from *The Cider House Rules* to *The Italian Job*, Theron always struck me as an opaque, dead-eyed beauty, which is why *Monster* is a revelation. Here her eyes go no deeper, but that's what makes her so scary.

In *Girl With a Pearl Earring*, Johansson's gaze seems fathomless. Based on Griet Chevalier's best-selling 1999 novel, this is a fictional tale of a young girl who becomes a model who posed for a famous painting by Vermeer (Curtis) In 1665, in Delft, Holland, 17-year-old Griet (Johansson) gets a job as a maid in Vermeer's home after her father, a tile maker, is blinded in a jail ex-

position. She's a poor Protestant at sea in a lively Catholic household. As Vermeer takes an interest in her, she tries to control with a jealous wife, a slowly maturing artist, a molester young daughter and a lecherous patron (Tom Wilkinson). Meanwhile, as she falls under Vermeer's spell, she's owned by a handsome young painter (Colin Murphy).

That may sound like an achingly contrived set-up, but British director Peter Webb has created a wonderfully subtle, atmospheric film, the cinematic equivalent of a Vermeer canvas. From the opening shot of Griet being vegetables, he paints the screen with richly luminous images. Firth and Johansson beautifully. But as Griet, Johansson brings the actor—Indian, yellow, ruby-throated, brilliant emerald—there's an ever-present romantic tension that serves rooted in the alchemy of the paint itself. In silence, Johansson creates a magical world of intrigue, seducing between fire and pride, naïveté and wisdom. At the real pearl in *Girl With a Pearl Earring*, a movie about the mystery of a ghost, she reminds us that Vermeer was a visualist, a painter of light.



Johansson (left), playing maid to Firth's Vermeer, creates a personal world of intrigue

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LIFE WITHOUT COFFEE

It's a bit lonely. But I sure don't miss my former 15-cup-a-day habit.

AH, SUCH A beautiful morning. The sun is up, the air is fresh and it's a lovely day. Do I sound chipper to you? Refreshed? Battered? Amazingly so, since I am here to tell you that, yes Virginia, there is life after coffee. I haven't had a cup today. I didn't have a cup yesterday, last week, or last month. My fellow Canadians, I am proud to stand in front of God and Juan Valdez that I have gone five years now without a single cup of joe, and that includes late in my first five years. At the dawn through I drive on, without stopping once to roll up the rim.

Now I found the willpower is beyond me, considering my consumption history the

habit began in the tender age of 10 and ruled my existence until I turned 40, when I was drinking 15 cups a day. I was also a workaholic, although I'm not sure whether coffee caused or complemented the condition. I acquired very little sleep. Lucky for me, since I couldn't sleep at all, not with all that high-accrue stimulation coursing through my veins.

I could not start the day without coffee. The blood would not flow, the nerves would not fire. The day would not register. Coffee was life. Those who did not drink, did not live.

But now the coffee machine is decommissioned, the money is off my back. So how did I do it, you ask. The punch? No, there are no freebies of coffee. What about those motivational gurus you see on TV? Surely if Jerry Robbins could help someone in his life, increase my income and inspire me to make the world a better place, there must be a CD in the collection dedicated to (re)education of the non-coffee addict. No, there it not.

In truth, it all came down to price. My wife, who looks after the shopping in our household, is frugal to the core. There was a sale at Wal-Mart. The price of coffee shot up. "That's it," Sherrie announced one day. "You're switching to tea."

"But I'll die," I said. "Die if you must," was her terse reply. "But I am not paying that for coffee."

She must understand that my wife is sweet and gentle, resilient and incredibly flexible in every area of existence but one. And while

her heart is as big as a house, her soul has a bar code and you can only push her so far.

The purge commenced after work on a Friday, and the five weeks left me reeling with caffeine withdrawal headaches. The following week, I felt sluggish and barely got through the day, all the while palpating as much as my stomach would hold. I kept warning an afternoon nap, which would not be a good idea given that I work in broadcasting. Wouldn't be a very exciting program.



with tiredness on a much more human level. "Couldn't I have just one little cup of coffee?" Please excuse me.

"Sorry," Sherrie said. "We have to save it for our guests." (Good, she's tough.)

After a few more weeks I began to feel like myself again, only better. The caffeine withdrawal shakes were gone. I was sleeping, and since I don't take sugar in tea, I dropped a few pounds. I was averaging five good-sized cups of tea a day, representing a fraction of the caffeine I used to absorb. Could it be I had finally done the impossible? The first test came about a month into the

experiment, when I was assigned the early shift at the studio. Up at 3 a.m., to work by 5 and on an air so much later. I can do that on tea, I told myself, then I've got it locked. It worked. I am now a bona fide, reliable cup-first tea drinker. There's no going back. A single cup of coffee makes me ill.

But now I face new problems. I am a member of a minority in this coffee-soaked country where Tim Hortons is a shrine. Just try going into a doughnut shop—worse, if you're with a bunch of hockey fans stocking up on five-bite doubles for the game—and ordering tea. You, they'll serve you some. But, oh, the stares.

Dinner parties aren't too bad, as the hostess will always have had the go. But pop in for an unexpected visit and it's always, "Can I offer you a coffee?" Just made a fresh pot. "Oh, that's quite alright, I drink tea." "Oh?" Uncomfortable pause. "Uh, OK. I suppose I could put the kettle on then."

At work, there is always a fresh pot of coffee for staff. But a pot of tea? Anybody looking? There is, having my own as a Thomast. "I sorry you prefer tea than with us," says the guy standing beside me, waiting at the light. I want to tell him it's all of bourbon, but then he'll probably ask what bourbon tastes like mixed with coffee.

It's gotten to the point where I have to apologize. No, I don't drink coffee. OK? So there it is, now.

Plus, that me on report. I've come to the conclusion that the way we'll really be resolved with a move to England.

Otherwise, it's just put up or shut up. Oh well. I will quickly up my mind try not to think about it. But I am getting tired, you see. We're of breaking the trend, swimming against the tide. So weary, in fact, that I just might have a search right over to the coffee shop for some heavy-duty decaffeination.

I'll tell 'em to leave the bag in.

Gordon Gibb is a broadcaster and writer in Prince George, BC. His column "Over to you" appears in www.macleans.ca.

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Journal of Management Education 33(1) 63



Science | Pig power heats up Saskatchewan

It's a surprise that has the smell of money with it all over it. Saskatchewan-based Clear-Green Environmental Inc., an partnership with previously owned Sud-Power, just finished building a \$5.5-million demonstration facility that will turn hog manure into energy. The facility, based on a farm 100 km northwest of Saskatoon, will convert the eight million gallons of manure produced annually from some 25,000 pigs into enough electricity to power about 400 homes for a year. The re-converted water will also generate heat for the pig barn and the raw gas and, as a by-product, chemicals that can be turned into non-toxic fertilizers. Moreover, it's all done without the potential smelly episode that often occurs when such waste is stored and then spread on fields as a fertilizing agent.

While the technology has been in use in Europe for over a decade, the Saskatchewan facility is one of just a handful of similar projects now underway in North America. The manure is produced directly from the barn into a large holding tank and never exposed to the air or land, thus avoiding the risk of dangerous runoff, water con-

tamination and the odours that often prompt neighbours of intensive livestock operations to raise a stink. Inside the tank, the manure is heated to 38°C, causing the bacteria to go to work. The bacteria, in turn, digest the organic matter in the manure, producing methane gas, which is under constant gas.

Ben Voss, president of Clear-Green, says that smell recovery the process was tested and too expensive to be widely applied. But great costs have gone down and the converted high energy prices, over larger livestock operations and the need to avoid environmental issues such as the Walkerton, Ont., tainted water tragedy, making such ventures an increasingly attractive proposition. "This is an idea whose time has come," says Voss. "The potential is huge."

DIANE KIRKMAN



Film | A hick in Iraq

It was an odd way to finance a film. Last spring, on the eve of the Iraq war, director Matt Franco and producer Phil Gordon rounded up a crowd of potential investors in a Hollywood bar and bankrolled a trip to the Middle East. That night they raised half the \$10,000 budget of *Baghdad in a Suit*, a satirical documentary that chronicles their shambolic, 4,000 km journey from the Canadian South to the Iraqi frontier. Like a cross between *Michael Moore* and *Tom Jaws*, Franco, 31, plays the portly, gawky, interviewee, engaging in clunky banter with Turkish war merchants and Kurdish refugees. But behind the picture as a hick from the Great White North takes a sharp political wit.

It's not a farce, the top of a principal and a producer, Franco was captured from high school for playing a huge monster in assembly, which was something, "I'm on the left side" three years ago, he moved to Hollywood after shooting a video for MacMillan that never made it to air. "I had a lot of nervous breakdowns," he says. "I went to the bus station and asked them how far north they go." They said, "Washington and Milwaukee." I asked which is more beautiful and they said, "Definitely Milwaukee." "I thought that had just yet to find a buyer, but Franco was thrilled by its wild and premiere of last month's *Wonder Film Festival—Canada's leading award for* *Sundance*. "If you want to jump-start a career," he says, "I recommend *Baghdad in a Suit*. The expectations of you are very low."

BRANDI J. JORDAN

Listing | Kids who should be heard

Toronto Children's Climate 20th anniversary, 10.10.10. A star-studded event will celebrate the children's climate movement at the University of Toronto. The event will feature a panel of climate change experts, including: Dr. James Hansen, a leading climate change scientist; Dr. David Suzuki, a leading environmentalist; and a panel of children's climate change experts. The event will also feature a performance by the children's climate change choir, the Toronto Children's Climate Choir. The event is free and open to all. For more information, visit www.torontoclimate20th.com.

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John Intini starts a sentence ... Roger Moore finishes it

When Roger Moore donned James Bond's famous gun one last time in *A View to a Kill* (1985), he was 57 and the oldest actor to ever play the secret agent. And though he never achieved the popularity of his predecessor Sean Connery, Moore scored his last of seven official Bond roles, so the age Scott's is, Now 76, the London native is a UNICEF Goodwill Ambassador and was knighted by the Queen last October. Moore recently finished *Maclean's* Researcher-Reporter John Intini's sentences:

A SENSE OF HUMOUR ... is something I must have, since I've been able to live with myself all these years.

A GOOD-LOOKING SUIT ... is a two-piece made by my tailor in London. Always a two-piece. Three-piece went out of style with much chaos.

THE GREATEST PLACE ON EARTH ... is wherever my wife and my babies are. MY FAVORITE CAR ... is a Bentley I drive a couple of different cars—a Mercedes, a Volvo—but there's nothing like my old Bentley Turbo.

I LIKE ... Marmite on my crumpets. IF I WERE 25 ... I'd be looking forward to a life in which I could make the same mistakes all over again. I HATE ... the round vanilla ice cream with dark chocolate on the outside that I used to get in England.

A REAL SPY IS ... someone you can't see. The sad, 007 would have never made for a real spy. He was too public a figure. AMISH SHOULD NEVER ... answer a question truthfully.

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ESSENTIAL FOUR MOORE

1. Played a Jewish woman's boy who breaks her out in *The Cincinnati Kid* (1950).
2. Not an intended ally of James Bond, *King of the Damned* (1955).
3. In the 1950s, scored with a hit's early on. *Goodbye, Mr. Goodbye* (1955).

Books | Mid-life Interlude With Mangoes

Everybody thinks at some point of leaving his or her stressful life behind and heading for Tahiti or Bermuda. And Vladimir's and her husband, Steve Marley, both chose fortynomething Toronto professionals actually did it. After careful planning, they abandoned their jobs—Vladimir was editor of *Cottage Life* magazine, Marley a freelance art director—and took their 40-foot boat for a two-year sail through the Caribbean. An Embarrassment of Histories (Doubleday), Vladimir's account of the voyage, could have been an irritating tale of type-A personalities taking off another entry on their to-do list. But the book is far from that, thanks to the author's graceful prose and self-deprecating humour. Reading about the couple's slow immersion in island culture—there are some exquisite local recipes here—makes for a compelling winter break.



Best Sellers

Fiction

POSITION LAST WEEK

1. THE WAY THE CORNWALLS, John Banville (Macmillan) 22
2. THE BIG CORD GONG, Ben Green (22)
3. NINE, Kurt Vonnegut, Steve Meyers (22)
4. THE CRUCIAL MOMENT OF FAILURE IN THE WINTER, Mark Twain (22)
5. THE ISLAND, Michael Ondaatje (22)
6. THE 100, Stephen King (22)
7. THE 100, Stephen King (22)
8. THE 100, Stephen King (22)
9. THE 100, Stephen King (22)
10. THE 100, Stephen King (22)

Non-fiction

1. HUMANITY, David Byrne (22)
2. HUMANITY, David Byrne (22)
3. HUMANITY, David Byrne (22)
4. HUMANITY, David Byrne (22)
5. HUMANITY, David Byrne (22)
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7. HUMANITY, David Byrne (22)
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